Clindamycin adjunctive therapy for severe *Staphylococcus aureus* treatment evaluation (CASSETTE)—an open-labelled pilot randomized controlled trial

A. J. Campbell^{1,2,3}*, R. Dotel^{4,5}, M. Braddick⁶, P. N. Britton^{7,8,9}, D. P. Eisen¹⁰, J. R. Francis^{11,12}, S. Lynar^{11,13}, B. McMullan^{14,15,16}, N. Meagher^{17,18}, J. Nelson¹¹, M. V. N. O'Sullivan^{5,19}, D. J. Price^{17,18}, J. O. Robinson^{20,21,22,23}, A. Whelan², S. Y. C. Tong (b) ^{17,24}†, A. C. Bowen^{1,2,3,11}† and J. S. Davis (b) ^{11,25,26}†

¹Department of Infectious Diseases, Perth Children's Hospital, Perth, Australia; ²Wesfarmers Centre of Vaccines and Infectious Diseases, Telethon Kids Institute, Perth, Australia; ³School of Medicine, University of Western Australia, Perth, Australia; ⁴Department of Infectious Diseases, Blacktown Hospital, Sydney, Australia; ⁵Centre for Infectious Diseases and Microbiology, Westmead Hospital, University of Sydney, Sydney, Australia; ⁶Department of Infectious Diseases, Townsville University Hospital, Townsville, Queensland, Australia; ⁷Department of Infectious Diseases and Microbiology, Children's Hospital Westmead, Sydney, Australia; ⁸University of Sydney, Discipline of Child and Adolescent Health, Sydney Medical School, Sydney, Australia; ⁹Marie Bashir Institute for Infectious Diseases and Biosecurity, University of Sydney, Sydney, Australia; ¹⁰College of Medicine and Dentistry, James Cook University, Townsville, Queensland, Australia; ¹¹Global and Tropical Health Division, Menzies School of Health Research, Darwin, Australia: ¹²Department of Paediatrics, Royal Darwin Hospital, Darwin, Australia: 13 Infectious Diseases, Royal Darwin Hospital, Northern Territory, Australia: 14 Department of Immunology and Infectious Diseases, Sydney Children's Hospital, Randwick, Sydney, Australia; 15 School of Women's and Children's Health, University of New South Wales, Sydney, Australia; ¹⁶National Centre for Infections in Cancer, University of Melbourne, Melbourne, Australia; ¹⁷Department of Infectious Diseases, Doherty Institute for Infection & Immunity, The University of Melbourne & Royal Melbourne Hospital, Melbourne, Australia; ¹⁸Centre for Epidemiology & Biostatistics, Melbourne School of Population & Global Health, University of Melbourne, Melbourne, Australia; ¹⁹New South Wales Health Pathology, Newcastle, Australia; ²⁰Department of Infectious Diseases, Royal Perth Hospital, Perth, Australia; ²¹Department of Infectious Diseases, Fiona Stanley Hospital, Perth, Australia; ²²Department of Microbiology, Pathwest Laboratory Medicine, Perth, Australia; ²³College of Science, Health, Engineering and Education, Discipline of Health, Murdoch University, Perth, Australia; ²⁴ Victorian Infectious Diseases Service, The Royal Melbourne Hospital, at the Peter Doherty Institute for Infection and Immunity, Melbourne, Australia; ²⁵ John Hunter Hospital, University of Newcastle, Newcastle, Australia; ²⁶School of Medicine and Public Health, University of Newcastle, Newcastle, Australia

*Corresponding author. E-mail: anita.campbell2@health.wa.gov.au †Equal contributions to the manuscript as senior co-authors.

Received 21 October 2021; accepted 21 January 2022

Background: Combination antibiotic therapy with an antitoxin agent, such as clindamycin, is included in some guidelines for severe, toxin-mediated *Staphylococcus aureus* infections. The evidence to support this practice is currently limited to *in vitro*, animal and observational human case-series data, with no previous randomized controlled trials (RCTs).

Objectives: This pilot RCT aimed to determine the feasibility of conducting a clinical trial to examine if adjunctive clindamycin with standard therapy has greater efficacy than standard therapy alone for *S. aureus* infections.

Methods: We performed an investigator-initiated, open-label, multicentre, pilot RCT (ACTRN12617001416381p) in adults and children with severe *S. aureus* infections, randomized to standard antibiotic therapy with or without clindamycin for 7 days.

Results: Over 28 months, across nine sites, 127 individuals were screened and 34 randomized, including 11 children (32%). The primary outcome—number of days alive and free of systemic inflammatory response syndrome \leq 14 days—was similar between groups: clindamycin (3 days [IQR 1–6]) versus standard therapy (4 days [IQR 0–8]). The 90 day mortality was 0% (0/17) in the clindamycin group versus 24% (4/17) in the standard therapy

group. Secondary outcomes—microbiological relapse, treatment failure or diarrhoea—were similar between groups.

Conclusions: As the first clinical trial assessing adjunctive clindamycin for *S. aureus* infections, this study indicates feasibility and that adults and children can be incorporated into one trial using harmonized endpoints, and there were no safety concerns. The CASSETTE trial will inform the definitive *S. aureus* Network Adaptive Platform (SNAP) trial, which includes an adjunctive clindamycin domain and participants with non-severe disease.

Introduction

Invasive Staphylococcus aureus infections are common and cause considerable mortality, particularly at the margins of the age continuum.¹ They are the most common infective reason for admission to an ICU in both adults² and children,³ with high mortality identified amongst these cohorts: 23%–33% in adults⁴ and 9% in children.⁵ Contributing to this severe phenotype is the ability of *S. aureus* to express multiple extracellular toxins that cause additional tissue damage.⁶

Despite this disease burden, fewer than 3000 adults⁷ and 300 children⁸ have been randomly assigned into clinical trials to assess the efficacy of treatments for *S. aureus* bacteraemia. Hence, opinions on best management vary widely,^{9,10} with an adjunctive protein synthesis inhibitor antibiotic suggested by some experts in severe, toxin-mediated *S. aureus* infections.¹¹⁻¹³ The most frequently used protein synthesis inhibitor in this setting, clindamycin,¹⁰ decreases exotoxin production by binding to the 50S bacterial ribosomal subunit.⁶ The evidence to support adjunctive protein synthesis inhibitor use is currently limited to *in vitro*, animal and observational human case-series data, with no previous randomized controlled trials (RCTs).¹⁴

In this multicentre pilot RCT, we aimed to determine feasibility and to inform the design of a definitive RCT, the S. aureus network adaptive platform (SNAP) trial (https://www.snaptrial.com.au/). One of the aims of the SNAP trial will be to examine if the addition of clindamycin to standard antibiotic therapy (β -lactam, vancomycin or daptomycin) has greater clinical efficacy than standard therapy alone in adults and children with S. aureus infections. In addition, we aimed to provide proof of concept of including adults and children in the same RCT.

Methods

Study design and setting

We performed an investigator-initiated, open-label, multicentre, parallel-group, pilot RCT across four states in Australia, at six adult and three paediatric tertiary referral hospitals in adults and children with severe *S. aureus* infections from July 2018 to October 2020. This trial was endorsed by the Australasian Society of Infectious Diseases Clinical Research Network (ASID-CRN) and registered with the Australian and New Zealand Clinical Trials Registry (ACTRN12617001416381p). The published protocol¹⁴ was prospectively approved at each participating site with ethical approval (HREC/17/HNE/411). Written legal guardian (<18 years) or participant/ surrogate decision-maker (≥18 years) informed consent was required for all participants before enrolment by the site principal investigator (PI).

Participants

Eligibility criteria were: hospital inpatients \geq 28 days old expected to remain an inpatient at the study site for \geq 7 days post-randomization; *S. aureus* cultured from \geq 1 clinically relevant site (defined as any

specimen where the site investigator determines the organism to be contributing to the patient's clinical syndrome); and index tissue (including blood) culture drawn within ≤48 h of hospital admission (to exclude nosocomial infections) and ≤72 h pre-randomization. Evidence of severe *S. aureus* disease was defined as at least one of the following: (i) septic shock (Appendix S1, available as Supplementary data at *JAC-AMR* Online);¹⁴ (ii) severe lung (necrotizing or multifocal pneumonia) or pleural space infection (Appendix S2); or (iii) multifocal disease (>1 noncontiguous site or >1 contiguous anatomical site involved).

To facilitate recruitment, after 12 months, the eligibility criteria for multifocal infection was broadened (initially it only included >1 noncontiguous site) to also include >1 contiguous anatomical site. The rationale for this change was supported in the literature, with an association of Panton–Valentine leucocidin (PVL)-positive *S. aureus* disease and complicated osteomyelitis (thrombosis and pyomyositis). ^{15,16}

Exclusion criteria related to patients who: had significant immunosuppression (defined as prednisolone >0.5 mg/kg/day for $\geq \! 14$ days in the last 30 days, other immunosuppressive medication, known HIV with CD4 cell count <200 cells/mm³ or congenital immunodeficiency); were expected to die within 24 h with or without treatment; had current severe diarrhoea (defined as >6 stools per day or clinician-determined severe diarrhoea in children) or onset of Clostridioides difficile-associated diarrhoea within 48 h prior to enrolment; had necrotizing fasciitis; were known to be pregnant; had a history of severe allergy to β -lactams, glycopeptides, lincosamides or daptomycin; had previously participated in the trial or were currently receiving a protein synthesis inhibitor antibiotic that could not be ceased or substituted. Other exclusions were the presence of polymicrobial culture containing other clinically significant isolates and where the primary clinician was unwilling to enrol the patient.

Randomization

Participants were randomized by a computerized central randomization schedule generated by a statistician in a 1:1 ratio to standard therapy (control group) or standard therapy plus clindamycin (adjunctive clindamycin group), stratified by age (<18 years versus \ge 18 years), in permuted blocks of variable size. We pre-specified inclusion of one-third of children in our target sample.

Procedures

Standard therapy comprised IV flucloxacillin, 4–6 hourly or cefazolin, 6–8 hourly (both 50 mg/kg/dose for MSSA) or IV vancomycin [with dosing adjustments to maintain trough levels at 15–20 mg/L], daptomycin or ceftaroline (Appendix S3) for MRSA. Clindamycin was given IV 10 mg/kg/dose up to 600 mg four times daily or oral 450 mg three times daily in adults (10 mg/kg/dose in children) for 7 days. The choice and duration of standard antibiotic therapy and the decision to switch to oral clindamycin were clinician determined.

Outcomes and measurements

The primary outcome was number of days alive and free of systemic inflammatory response syndrome (SIRS) (defined as meeting <2 simultaneous SIRS criteria on a calendar day) \le 14 days post-randomization (Appendix S2). The secondary outcomes were: (i) all-cause mortality at

CASSETTE

14, 42 and 90 days; (ii) time to first resolution of SIRS (number of days until the patient meets <2 simultaneous SIRS criteria); (iii) proportion with microbiological relapse by Day 90 (positive blood culture for *S. aureus* \geq 72 h after a preceding negative culture); (iv) proportion with microbiological treatment failure by Day 90 (positive sterile site culture for *S. aureus* \geq 14 days after randomization); (v) number of surgical procedures needed to achieve source control; (vi) duration of IV antibiotic treatment; (vii) *C. difficile*-associated diarrhoea (three or more loose stools per day with a positive laboratory test for *C. difficile* toxin); (viii) all cause diarrhoea (three or more loose stools per day); and (ix) time to a \geq 50% decrease in C-reactive protein (CRP) in the first 14 days post-randomization (excluding participants missing a baseline CRP level).

Routine haematological parameters, repeat cultures, surgery for source control for *S. aureus*, patient progress and treatment were gathered from medical records, pathology results and treating teams onto an electronic case report form on Days 1, 3, 7, 10 and 14 and then weekly thereafter if an inpatient, and out to 90 days post-randomization (REDCap database).¹⁷ All-cause mortality data were collected through participant contact at 90 days or retrieved from medical records. Adverse events (AEs) were captured daily whilst an inpatient and up until 90 days post-randomization. All serious adverse events (SAEs) as defined in the protocol ¹⁴ to any of the study drugs reported.

Laboratory methods

Identification of *S. aureus* was based on routine phenotypic and/or genotypic methods used in clinical laboratories of participating hospitals.

Statistical methods

The principal analysis of both primary and secondary endpoints was according to intention-to-treat principles. All participants with data available for the endpoint were analysed according to the treatment allocation, regardless of what treatment they received. Analyses of aggregated outcomes was initially performed by a statistician blinded to treatment groups, who was subsequently unblinded. Summary statistics were calculated for each outcome by trial arm and differences and 95% CIs were calculated using appropriate regression models. Given that this is a pilot study which is not powered for formal hypothesis testing, P values were not reported. All regression analyses were adjusted by the randomization covariate of age group (<18 years versus \geq 18 years), and both unadjusted and adjusted estimates are reported.

For the primary outcome, days alive and free of SIRS, the difference between treatment arms was estimated using a zero-inflated negative binomial regression model, adjusted by days observed to account for participants with missing data. Binary secondary outcomes were assessed using logistic regression to estimate differences in proportions. All-cause mortality in both treatment arms was illustrated in a Kaplan-Meier survival curve. Competing risks regression was used to estimate HR for time-to-event outcomes. Difference in number of surgical procedures was estimated with negative binomial regression adjusted for days observed. All analyses were performed using Stata v16.0 (StataCorp LLC, College Station, TX, USA).

We planned to enrol 60 patients, at least 20 of whom were aged <18 years. As a pilot study, the sample size was based on the number achievable and the number needed to determine feasibility and to refine assumptions and study design. No assumptions were made about the

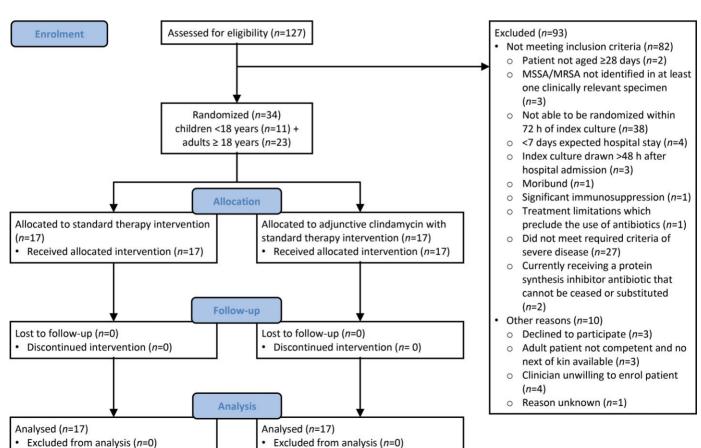


Figure 1. Study flow diagram.

Downloaded from https://academic.oup.com/jacamr/article/4/1/dlac014/6539849 by James Cook University user on 24 March 2023

Table 1. Baseline demographic, infection and treatment characteristics by study arm (overall and by age group [<18 years and \ge 18 years])

		Overall $n=34$		V	< 18 years n = 11			\geq 18 years $n = 23$	3
Demographics	standard therapy	adjunctive clindamycin therapy	total	standard therapy	adjunctive clindamycin therapy	total	standard therapy	adjunctive clindamycin therapy	total
Age, years, median (IQR)	44 (11–63)	33 (12-60)	41 (11–63)	10 (10–11)	8 (0–12)	10 (0-11)	45 (41–68)	59 (33–75)	54 (37–70)
Gender, female	4/17 (24)	7/17 (41)	11/34 (32)	3/5 (60)	2/6 (33)	5/11 (45)	1/12 (8)	5/11 (45)	6/23 (26)
Weight, kg, median (IQK) กักกับไม่สำคัญสีเมื่อกับ	87 (48-90)	/8 (44-8/)	/8 (44–90)	32 (28–36)	30 (/-44)	32 (/-44)	89 (84-98)	85 (77–102)	8/(/8-102)
	(07)	(07)	() ()	ĺ,		60,7	(10)	777	((()
Diabetes meliitus Chagaio ana	5/17 (18)	(21) /1/2	(15) /2/5	0/5 (0)	(0) 9/0	0/11 (0)	5/12 (25)	2/11 (18)	(77) 57/5
Chronic renal impairment (eGFR < 50)	0/1/(0)	(71) (17)	7/34 (6)	(0) 0</td <td>0/6 (0)</td> <td>0/11 (0)</td> <td>0/17 (0)</td> <td>2/11 (18)</td> <td>(6) 87/7</td>	0/6 (0)	0/11 (0)	0/17 (0)	2/11 (18)	(6) 87/7
	(9) 71/1	(61) 71/6	3/3/, (0)	0/5 (0)	(71) 9/1	1/11 (0)	1/17 (8)	1/11 (0)	(0) 26/6
influenza <14 days		(11)					(0)		
prior to randomization laboratory characteristics									
MRSA	5/17 (29)	3/17 (18)	8/34 (24)	2/5 (40)	2/6 (33)	4/11 (36)	3/12 (25)	1/11 (9)	4/23 (17)
MSSA	12/17 (71)	14/17 (82)	26/34 (76)	3/5 (60)	(29) 9/4	7/11 (64)	9/12 (75)	10/11 (91)	19/23 (83)
Infection site						•			•
Multifocal	10/17 (59)	13/17 (76)	23/34 (68)	5/5 (100)	3/6 (50)	8/11 (73)	5/12 (42)	10/11 (91)	15/23 (65)
Pleuropulmonary	7/17 (41)	6/17 (35)	13/34 (38)	3/5 (60)	3/6 (50)	6/11 (55)	4/12 (33)	3/11 (27)	7/23 (30)
CNS	3/17 (18)	4/17 (24)	7/34 (21)	0/2 (0)	(0) 9/0	0/11 (0)	3/12 (25)	4/11 (36)	7/23 (30)
Osteoarticular (native)	5/17 (29)	6/17 (35)	11/34 (32)	4/5 (80)	3/6 (50)	7/11 (64)	1/12 (8)	3/11 (27)	4/23 (17)
Infective endocarditis	2/17 (12)	5/17 (29)	7/34 (21)	0/2 (0)	(0) 9/0	0/11 (0)	2/12 (17)	5/11 (45)	7/23 (30)
Skin and soft tissue	6/17 (35)	3/17 (18)	9/34 (26)	1/5 (20)	1/6 (17)	2/11 (18)	5/12 (42)	2/11 (18)	7/23 (30)
Bloodstream infection	8/17 (47)	12/17 (71)	20/34 (59)	3/5 (60)	3/6 (50)	6/11 (55)	5/12 (42)	9/11 (82)	14/23 (61)
Infection severity									
ICU admission	12/17 (71)	10/17 (59)	22/34 (65)	2/5 (40)	2/6 (33)	4/11 (36)	10/12 (83)	8/11 (73)	18/23 (78)
Septic shock	8/17 (47)	10/17 (59)	18/34 (53)	1/5 (20)	2/6 (33)	3/11 (27)	7/12 (58)	8/11 (73)	15/23 (65)
SIRS on Day 1	16/17 (94)	16/17 (94)	32/34 (94)	(80)	5/6 (83)	9/11 (82)	12/12 (100)	11/11 (100)	23/23 (100)
SOFA score ^a , median	6 (3-12)	7 (5–11)	7 (5-11)	N/A	A/N	N/A	6 (3–12)	7 (5-11)	7 (5–11)
(IQK)									
Baseline CRP ^b mg/L,	245 (153–280)	206 (164-	235 (160–327)	146 (140–270)	249 (86–349)	170 (139–327)	261 (235–395)	206 (164–	243 (164–374)
יופמומון (זקור)		(0+0				1	((+ /)	
Surgical source control 6/1/ (35) Aptibiot8ic use <77 h prior to randomization	6/17 (35) o randomization	9/1/ (53)	15/34 (44)	3/5 (60)	2/6 (33)	5/11 (45)	3/12 (25)	//11 (64)	10/23 (43)
Anv antibiotics	16/17 (94)	16/17 (94)	32/34 (94)	(80)	5/6 (83)	9/11 (82)	12/12 (100)	11/11 (100)	23/23 (100)
Any vancomycin	13/17 (76)	15/17 (88)	28/34 (82)	1/5 (20)	5/6 (83)	6/11 (55)	12/12 (100)	10/11 (91)	22/23 (96)
Any beta lactam	16/17 (94)	16/17 (94)	32/34 (94)	4/5 (80)	5/6 (83)	9/11 (82)	12/12 (100)	11/11 (100)	23/23 (100)
Any protein synthesis	8/17 (47)	8/17 (47)	16/34 (47)	1/5 (20)	1/6 (17)	2/11 (18)	7/12 (58)	7/11 (64)	14/23 (61)
inhibitor antibiotic									

Predominant therapy Day 1-14	-14								
MSSA: cefazolin	1/12 (8)	4/14 (29)	5/26 (19)	1/3 (33)	1/4 (25)	2/7 (29)	(0) 6/0	3/10 (30)	3/19 (16)
MSSA: flucloxacillin	11/12 (92)	10/14 (71)	21/26 (81)	2/3 (67)	3/4 (75)	5/7 (71)	9/9 (100)	7/10 (70)	16/19 (84)
MRSA: vancomycin	(08) 4/5	2/3 (67)	(22) (4)	1/2 (50)	1/2 (50)	2/4 (50)	3/3 (100)	1/1 (100)	4/4 (100)
MRSA: ceftaroline	1/5 (20)	1/3 (33)	2/8 (25)	1/2 (50)	1/2 (50)	2/4 (50)	0/3 (0)	0/1 (100)	0/4 (0)
Non-study antibiotic use Day 1-90	/ 1–90								
Any non-study protein	8/17 (47)	A/N	N/A	2/5 (40)	N/A	N/A	6/12 (50)	N/A	N/A
synthesis inhibitor in									
standard therapy arm									

SOFA scores are only calculated for adult participants. Two missing baseline platelet measurements, four missing baseline bilirubin measurements, one missing baseline creatinine and ATSI; Aboriginal and Torres Strait Islander; eGFR; estimated glomerular filtration rate; LOS; length of stay; ID; infectious diseases; CRP; C-reactive protein. measurements. Where values are missing, a score of zero was assumed four missing baseline CRP Pour participants missing baseline CRP measurements. Values are shown as n (%) unless otherwise specified. urinary output measurements,

rate of occurrence of the primary outcome in the control group nor for anticipated treatment effects of the intervention.

Results

Over 28 months (July 2018–October 2020), across nine sites, 127 individuals were screened and 34 randomized from 40 eligible participants (85% consent rate). The recruitment rate was 1.2 participants/per month. Key reasons for exclusion included: inability to enrol participants within 72 h of the index culture (38/127, 30%) and not meeting the severe S. aureus disease definition (27/127, 21%). Consented participants were randomized to receive either standard therapy (n=17) or standard therapy plus adjunctive clindamycin (n=17) (Figure 1).

The trial was stopped prior to the anticipated sample size of 60 patients due to the slow recruitment rate and because the SNAP trial was planned to commence in 2021 and includes a domain for adjunctive treatment with clindamycin.

Baseline characteristics were similar between groups (Table 1). One third of the cohort were children <18 years (11/34, 32%) and female (11/34, 32%). All *S. aureus* infections (34/34, 100%) were community acquired and 24% (8/34) were caused by MRSA.

The majority of participants (32/34, 94%) met SIRS criteria on Day 1 of randomization (Table 1). The median SOFA score in adults was 7 (IQR 5–11) and underlying comorbidities were present in 35% (8/23) of adults and 9% (1/11) of children. Half (18/34, 53%) developed septic shock and 65% (22/34) required admission to the ICU, which was less frequent in children (4/11, 36%) compared with adults (18/23, 78%). Receipt of antibiotics prior to randomization was frequent overall (32/34, 94%), including with a β -lactam (32/34, 94%), vancomycin (28/34, 82%) or protein synthesis inhibitor antibiotic (16/34, 47%).

The primary endpoint, number of days alive and free of SIRS, was similar between the clindamycin group (median 3 days [IQR 1–6]) and standard therapy group (4 days [IQR 0–8]; adjusted difference [aD] -0.31 days [CI -3.20, 2.57]) (Table 2). For the secondary outcome of all-cause mortality, there were no deaths (0/17, 0%) up to 90 days in the clindamycin group. In the standard therapy group, 14 day mortality was 18% (3/17) and 42 and 90 day mortality (all in adults) were 24% (4/17) (Figure 2). There were no differences in microbiological relapse (3/17, 18% versus 1/17, 6%; aD 12% [CI -10%, 33%]) or microbiological treatment failure (1/17, 6% in both; aD 0% [CI -16%, 16%]) in the clindamycin compared with standard therapy group.

All-cause diarrhoea occurred in 47% (8/17) of the clindamycin group compared with 35% (6/17) of the standard therapy group (aD 12% [CI -21%, 45%]), with one case (1/17, 6%) of *C. difficile*-associated diarrhoea occurring in the standard therapy group. The median days to first resolution of SIRS was equivalent between groups; 9 days (CI 2-10) in the clindamycin and 9 days (CI 5-12) in the standard therapy group; (adjusted hazard ratio [aHR] 1.57 [CI 0.75, 3.31]). The median days until CRP decreased by over 50% were similar between groups: 7 days (CI 3-14) in the clindamycin group and 5 days (CI 3-7) in the standard therapy group (aHR 0.59 [CI 0.30, 1.13]) (Table 2).

AEs were more common in the clindamycin group (10/17, 59%) compared with standard therapy (5/17, 29%) (Appendix S4). Study investigators determined most events to be unrelated to the study treatment and to be mild in severity.

Table 2. Primary, secondary and post-hoc outcomes in the standard therapy versus the adjunctive clindamycin therapy group, including summary statistics and estimates for the difference in outcome between groups

	Standard therapy,	Adjunctive clindamycin	Unadjusted		Adjusted	
	n=17	therapy, $n=17$	estimate	95% CI	estimate	95% CI
Estimated differences in count, including th	e primary outcome of	f days alive and free of SIR	S			
Days alive and free of SIRS ^a , mean (SD)/ median (IQR)	4.59 (4.11)/4 (0-8)	4.76 (4.87)/3 (1–6)	0.05	-2.99, 3.09	-0.31	-3.20, 2.57
Number of surgical procedures, mean (SD)/ median (IQR)	0.65 (1.06)/0 (0-1)	1.18 (1.63)/1 (0-2)	0.35	-0.53, 1.23	0.35	-0.53, 1.23
Length of stay, days ^b , median (IQR)	15 (10-31)	29 (15–46)	_	_	_	_
Days of bacteraemia ^b , median (IQR)	2 (1-5)	3 (1-8)	_	_	_	_
Days febrile ^b , median (IQR)	2 (0-7)	3 (1-6)	_	_	_	_
Estimated differences in probability						
All-cause mortality ^c , <i>n</i> (%)						
Day 14	3/17 (18)	0/17 (0)	_	_	_	_
Day 42	4/17 (24)	0/17 (0)	_	_	_	_
Day 90	4/17 (24)	0/17 (0)	_	_	_	_
Microbiological relapse ^d , n (%)	1/17 (6)	3/17 (18)	12%	-10%, 33%	12%	-10%, 33%
Microbiological treatment failure ^e , n (%)	1/17 (6)	1/17 (6)	0%	-16%, 16%	0%	-16%, 16%
C. difficile-associated diarrhoea ^{c,f} , n (%)	1/17 (6)	0/17 (0)	_	_	_	_
All cause diarrhoea ^g , n (%)	6/17 (35)	8/17 (47)	12%	-21%, 45%	12%	-21%, 45%
Estimated hazard ratios, where standard the	erapy is considered th	ne reference				
Days to first resolution of SIRS ^h , median survival (95% CI)	9 (5, 12)	9 (2, 10)	1.53	0.72, 3.27	1.57	0.75, 3.31
Days till CRP >50% decrease ⁱ , median survival (95% CI)	5 (3, 7)	7 (3, 14)	0.55	0.30, 0.99	0.59	0.30, 1.13

^aNumber of days patient is alive and meets <2 simultaneous SIRS criteria on a calendar day within ≤14 days post-randomization.

Discussion

This is the first clinical trial to assess adjunctive clindamycin for severe *S. aureus* infections. Key findings from the CASSETTE trial include that it is feasible to conduct an RCT examining adjunctive clindamycin therapy, adults and children can be incorporated into one trial using harmonized endpoints, and there were no serious safety concerns evident from this preliminary cohort.

This study took almost 2.5 years to recruit a relatively small number of participants despite a large cohort being screened (34/127, 27%). This was due, in part, to difficulty identifying patients that met the severe *S. aureus* infection definition within 72 h of the index culture (Figure 1), with trial recruitment performed during the working week by clinician study investigators. This information has provided future direction for the planned SNAP trial, which will expand inclusion criteria to all individuals with *S. aureus* bacteraemia, regardless of illness severity and

contain an adjunctive clindamycin domain. Importantly, clinician equipoise and patient acceptability were high, with 85% of eligible participants providing consent and no participant withdrawals or discontinued interventions noted (Figure 1). This trial experience confirms feasibility and has progressed the partnerships needed for a robust adult and paediatric infectious diseases trial network.

This pilot RCT has also provided insights into the utility of trial endpoints. The primary endpoint (number of days alive and free of SIRS), was pragmatically selected, given the availability of a validated scoring system that aligns in both adults and children. It was reasoned it would reflect decreased systemic inflammation due to decreased exotoxin production. Despite the rationale, the primary outcome, days alive and free of SIRS, were comparable, yet a difference in mortality was demonstrated (0% [0/17] 90 day mortality: clindamycin group versus 24% [4/17]: standard therapy group), although small numbers limit any definitive conclusions. Given these hypothesis-generating findings, and the much larger planned sample size for the SNAP trial, the more

^bPost-hoc outcome: summary statistics presented only.

^cDifference in probability unable to be estimated due to zero events in one group.

^dPositive blood culture for MSSA or MRSA at least 72 h after a preceding negative culture within <14 days post-randomization.

^ePositive sterile site culture for MSSA or MRSA >14 days after randomization.

^fThree or more loose stools per day along with a positive laboratory test for *C. difficile* toxin.

^gThree or more loose stools per day.

^hNumber of days until the patient first meets <2 simultaneous SIRS criteria on a calendar day.

ⁱNumber of days till CRP decreases by >50% ≤14 days post randomization.

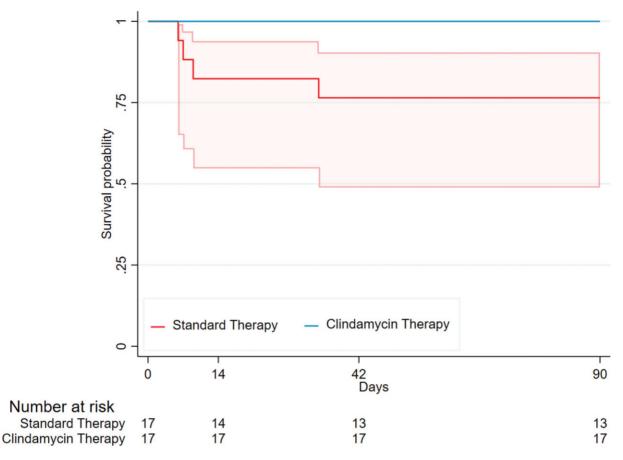


Figure 2. Kaplan–Meier survival curves and 95% CI for all-cause mortality in the standard therapy (n = 17) and clindamycin therapy (n = 17) treatment groups. We were unable to estimate 95% CIs for clindamycin therapy due to zero events in that group.

clinically relevant endpoint of all-cause mortality²⁰ has been selected as the primary outcome for this planned RCT.

In the CASSETTE trial, mortality in the standard treatment arm occurred only in adults and was consistent with mortality in other adult *S. aureus* bacteraemia trials.^{1,2} To have no deaths in the clindamycin arm despite balanced groups with severe disease suggests a possible benefit of clindamycin, but this could have occurred by chance given the small numbers. In the literature the human clinical studies previously examining adjunctive clindamycin include only four case series in the setting of necrotizing pneumonia (n=92 adults/adolescents), ²¹ skin and soft tissue infections (SSTIs) (n=269 adults), ²² severe influenza-MRSA pneumonia $(n=29 \text{ children})^{23}$ and PVL-positive invasive S. aureus infections (n = 141 adults).²⁴ Two case series in the severe pneumonia setting demonstrated lower mortality with adjunctive protein synthesis inhibitor antibiotics compared with standard therapy alone, ^{21,23} but all have major study design limitations. A definitive trial is needed to objectively determine if this observed mortality difference reflects a true benefit or a chance finding.

The burden of daily data collection for the primary endpoint was evident. This has since been refined to a single study timepoint (Day 5) for the equivalent secondary outcome in SNAP.

In addition, the statistical model for SNAP acknowledges the infrequent occurrence of trial endpoints in children (particularly death, 0/11, 0%) and will incorporate Bayesian hierarchical models that specify borrowing of data from adult patients to children. ^{25,26} This pilot RCT has importantly enabled significant refinement of trial design in preparation for the definitive SNAP trial.

Limitations of this study include a small sample size, limiting conclusions regarding efficacy and mortality between treatment groups. However, this was a pilot RCT designed primarily to assess feasibility. There were some missing data points, however primary and key secondary outcomes including death and relapse were complete. We were unable to assess the total duration of IV antibiotic therapy or timing of IV to oral switch due to incomplete data. Some of the standard therapy group received adjunctive clindamycin prior to enrolment, which may have impacted results. There was no placebo available in the standard therapy group.

Lessons from the CASSETTE trial will inform the SNAP trial, which includes an adjunctive clindamycin domain and will be powered to determine whether clindamycin reduces the likelihood of death. Incorporating both adults and children with *S. aureus* infections in an RCT is feasible, despite challenges in analysis and data interpretation.

Acknowledgements

Preliminary results of this study were presented virtually as an oral presentation (number 131) at the Australian Society of Infectious Diseases Annual Scientific Virtual Meeting on 25 March 2021.

We would like to acknowledge the participants and their families involved in this study, as well as the study-site clinical and microbiology laboratory staff.

Funding

This work was supported by a National Health and Medical Research Council HOT NORTH grant (grant number 1131932), a Telethon Kids Institute, Wesfarmers Centre for Vaccines and Infectious Diseases Seed Fund grant, a National Health and Medical Research Council PhD scholarship to A.J.C (grant number APP1133670), National Health and Medical Research Council fellowship to A.C.B (grant number APP1175509) and a National Health and Medical Research Council fellowship to S.Y.C.T. (grant number 1145033).

Transparency declarations

S.Y.C.T has received consultancy fees from Roivant Sciences for advising on a clinical trial design. All other authors: none to declare.

Author contributions

J. S. Davis, S. Y. C. Tong and A. C. Bowen were involved in the conceptualization, methodology and supervision of this clinical trial. J. S. Davis, S. Y. C. Tong, A. C. Bowen, R. Dotel and A. J. Campbell were involved in the trial methodology. Statisticians N. Meagher and D. J. Price were involved in trial methodology, formal analysis and data visualization. Study coordinators J. Nelson and A. Whelan contributed to trial resources, data curation and project administration. A. J. Campbell, J. S. Davis, S. Y. C. Tong and A. C. Bowen wrote the original draft manuscript. All authors contributed to methodology, trial investigation and reviewing and editing of the manuscript. All authors approved the final manuscript as submitted and agree to be accountable for all aspects of the work. A. C. Bowen was involved in funding acquisition for the project.

Supplementary data

Appendices S1 to S4 are available as Supplementary data at JAC-AMR Online.

References

- **1** van Hal SJ, Jensen SO, Vaska VL *et al.* Predictors of mortality in *Staphylococcus aureus* bacteremia. *Clin Microbiol Rev* 2012; **25**: 362–86.
- **2** Kaukonen KM, Bailey M, Suzuki S *et al.* Mortality related to severe sepsis and septic shock among critically ill patients in Australia and New Zealand, 2000-2012. *JAMA* 2014; **311**: 1308–16.
- **3** Schlapbach LJ, Straney L, Alexander J *et al.* Mortality related to invasive infections, sepsis, and septic shock in critically ill children in Australia and New Zealand, 2002-13: a multicentre retrospective cohort study. *Lancet Infect Dis* 2015; **15**: 46–54.
- **4** Lambert M-L, Suetens C, Savey A *et al.* Clinical outcomes of health-care-associated infections and antimicrobial resistance in patients admitted to European intensive-care units: a cohort study. *Lancet Infect Dis* 2011; **11**: 30–8.

- **5** Miles F, Voss L, Segedin E *et al.* Review of *Staphylococcus aureus* infections requiring admission to a paediatric intensive care unit. *Arch Dis Child* 2005; **90**: 1274–8.
- **6** Poehlsgaard J, Douthwaite S. The bacterial ribosome as a target for antibiotics. *Nat Rev Microbiol* 2005; **3**: 870–81.
- **7** Holland TL, Chambers HF, Boucher HW *et al.* Considerations for clinical trials of *Staphylococcus aureus* bloodstream infection in adults. *Clin Infect Dis* 2019; **68**: 865–72.
- **8** McMullan BJ, Campbell AJ, Blyth CC *et al.* Clinical management of *Staphylococcus aureus* bacteremia in neonates, children, and adolescents. *Pediatrics* 2020; **146**: e20200134.
- **9** Liu C, Strnad L, Beekmann SE *et al.* Clinical practice variation among adult infectious disease physicians in the management of *Staphylococcus aureus* bacteremia. *Clin Infect Dis* 2019; **69**: 530–3.
- **10** Campbell AJ, Tong SYC, Davis JS *et al.* Infectious diseases clinician's variation in the management of pediatric *Staphylococcus aureus* bacteraemia and equipoise for clinical trials. *Front Pediatr* 2019; **7**: 249.
- **11** Liu C, Bayer A, Cosgrove SE *et al.* Clinical practice guidelines by the Infectious Diseases Society of America for the treatment of methicillinresistant *Staphylococcus aureus* infections in adults and children: executive summary. *Clin Infect Dis* 2011; **52**: 285–92.
- **12** Health Protection Agency UK. Guidance on the Diagnosis and Management of PVL-Associated Staphylococcus aureus Infections (PVL-SA) in England, 2nd edn. Health Protection Agency UK, 2008.
- **13** Gillet Y, Dumitrescu O, Tristan A et al. Pragmatic management of Panton-Valentine leukocidin-associated staphylococcal diseases. *Int J Antimicrob Agents* 2011; **38**: 457–64.
- **14** Dotel R, Tong SYC, Bowen A *et al.* CASSETTE—clindamycin adjunctive therapy for severe *Staphylococcus aureus* treatment evaluation: study protocol for a randomised controlled trial. *Trials* 2019; **20**: 353.
- **15** Gonzalez BE, Teruya J, Mahoney DH, Jr. *et al.* Venous thrombosis associated with staphylococcal osteomyelitis in children. *Pediatrics* 2006; **117**: 1673–9.
- **16** Bocchini CE, Hulten KG, Jr ME *et al.* Panton-Valentine leukocidin genes are associated with enhanced inflammatory response and local disease in acute hematogenous *Staphylococcus aureus* osteomyelitis in children. *Pediatrics* 2006; **117**: 433–40.
- **17** Harris PA, Taylor R, Thielke R et al. Research electronic data capture (REDCap)—a metadata-driven methodology and workflow process for providing translational research informatics support. *J Biomed Inform* 2009; **42**: 377–81.
- **18** Bone RC, Balk RA, Cerra FB *et al.* Definitions for sepsis and organ failure and guidelines for the use of innovative therapies in sepsis. The ACCP/SCCM Consensus Conference Committee. American College of Chest Physicians/Society of Critical Care Medicine. *Chest* 1992; **101**: 1644–55.
- **19** Goldstein B, Giroir B, Randolph A. International pediatric sepsis consensus conference: definitions for sepsis and organ dysfunction in pediatrics. *Pediatr Crit Care Med* 2005; **6**: 2–8.
- **20** Harris PNA, McNamara JF, Lye DC *et al.* Proposed primary endpoints for use in clinical trials that compare treatment options for bloodstream infection in adults: a consensus definition. *Clin Microbiol Infect* 2017; **23**: 533–41.
- **21** Li H-T, Zhang T-T, Huang J *et al.* Factors associated with the outcome of life-threatening necrotizing pneumonia due to community-acquired *Staphylococcus aureus* in adult and adolescent patients. *Respiration* 2011; **81**: 448–60.
- **22** Wargo KA, McCreary EK, English TM. Vancomycin combined with clindamycin for the treatment of acute bacterial skin and skin-structure infections. *Clin Infect Dis* 2015; **61**: 1148–54.

Downloaded from https://academic.oup.com/jacamr/article/4/1/dlac014/6539849 by James Cook University user on 24 March 2023

JAR

- **23** Randolph AG, Xu R, Novak T *et al.* Vancomycin monotherapy may be insufficient to treat methicillin-resistant *Staphylococcus aureus* coinfection in children with influenza-related critical illness. *Clin Infect Dis* 2018; **68**: 365–72.
- **24** Boan P, Tan H-L, Pearson J *et al.* Epidemiological, clinical, outcome and antibiotic susceptibility differences between PVL positive and PVL
- negative *Staphylococcus aureus* infections in Western Australia: a case control study. *BMC Infect Dis* 2015; **15**: 10.
- **25** Schoenfeld DA, Hui Z, Finkelstein DM. Bayesian design using adult data to augment pediatric trials. *Clin Trials* 2009; **6**: 297–304.
- **26** Huff RA, Maca JD, Puri M *et al.* Enhancing pediatric clinical trial feasibility through the use of Bayesian statistics. *Pediatr Res* 2017; **82**: 814–21.