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1 Linking key human-environment theories to inform the sustainability of coral reefs

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Summary

Effective solutions to the ongoing "coral reef crisis" will remain limited until the underlying drivers of coral reef degradation are better understood. Here, we conduct a global-scale study of how four key metrics of ecosystem states and processes on coral reefs (top predator presence, reef fish biomass, trait diversity, and parrotfish scraping potential) are explained by 11 indicators based on key human-environment theories from the social sciences. Our global analysis of >1,500 reefs reveals three key findings. First, the proximity of the nearest market has the strongest and most consistent relationships with these ecosystem metrics. This finding is in keeping with a body of terrestrial research on how market accessibility shapes agricultural practices, but the integration of these concepts in marine systems is nascent. Second, our global study shows that resource conditions tend to display a n-shaped relationship with socioeconomic development. Specifically, the probability of encountering a top predator, fish biomass, and fish trait diversity were highest where human development was moderate, but lower where development was either high or low. This finding contrasts with previous regional-scale research demonstrating an environmental Kuznets curve hypothesis (which predicts a Ushaped relationship between socioeconomic development and resource conditions). Third, together, our ecosystem metrics are best explained by the integration of different human-environment theories. Our best model includes interactions between indicators from different theoretical perspectives, revealing how marine reserves can have different outcomes depending on how far they are from markets and human settlements, as well as the size of surrounding human population.

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Keywords: social-ecological system, coral reef, fisheries, sustainability

Introduction

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Coral reefs host an estimated 1,000,000 multicellular species and provide key goods and services to tens of millions of people in tropical countries^{1,2}. Despite their biological and socioeconomic importance, many coral reefs are being severely degraded^{3–5}. Efforts to understand and seek effective solutions to this degradation are hampered by a poor understanding of the underlying social and economic drivers of degradation on coral reefs (i.e. the drivers of change)^{6–10}.

To date, the coral reef literature has been dominated by a neo-Malthusian perspective on human-environment interactions, which considers human population (size, growth rate, structure) as the primary driver of degradation on coral reefs^{4,11-15}. This human-environment perspective dates back to the works of Reverend Thomas Malthus, who posited that human population would outpace agricultural production because the former increased exponentially, while the latter increased only linearly. In the late 1960s, concerns about population pressure resurfaced in an environmental context^{16,17}, often referred to as neo-Malthusianism¹⁸. Modifications of this theory examine how population combines with affluence and technology to generate human impacts on the environment (the IPAT model)¹⁹ and Ester Boserup's more nuanced theory of how population growth can spur technological innovation²⁰. Although the importance of human population in shaping human-environment interactions is supported by theoretical and empirical work from a broad range of systems^{13,21-24}, human population is only one of many potential drivers of change. There are also impacts from less visible social and economic processes that operate at larger spatial and temporal scales^{23,25,26}. These are investigated in a range of alternative social theories regarding how humans impact the environment, including Agricultural Location Theory²⁷, the Environmental Kuznets Curve²⁸, and New Institutional Common Property Economics²⁹, each of which emphasizes different drivers of change and associated policy levers.

The role of market proximity in shaping how terrestrial resources are used is captured by a body of work typically referred to as Agricultural Location Theory^{26,30}. Originating with von Thünen's 1826 Isolated State³¹, the concept is based on a central place

hierarchy, which emphasizes how location affects resource use through the combined influence of environmental factors and transport costs on production and profitability^{26,32}. This concept is central to much contemporary work in agricultural economics, land-use change, and economic geography^{23,26}, though its adaptation to marine contexts has traditionally been limited to maritime transportation³⁰ and more recent applications in predicting the condition of coral reef fish biomass^{33–36}, diversity³⁷, and coral cover¹⁰. Key indicators used in adaptations of Agricultural Location Theory in a reef context include proximity to markets (often measured as the time it takes to travel between a reef and the nearest market³⁸) and a modification which incorporates the population size of the market (referred to as 'gravity'^{33,39}). This modification essentially integrates agricultural location and neo-Malthusian perspectives.

The environmental Kuznets curve hypothesis suggests that economic growth drives environmental degradation until it reaches a tipping point at which further growth drives better environmental conditions²⁸. This is based on the assumption that higher levels of economic development are associated with a transition to service industries, heightened environmental awareness, improved regulation, technological advancement and increased resource use efficiency⁴⁰. For example, the relationships between development and degradation captured by the environmental Kuznets curve can occur through mechanisms such as spatial displacement, whereby wealthier places can displace their environmental footprint, often to areas that are poorer and less well-regulated⁴¹. Key indicators used in studies of the environmental Kuznets curve often include national-scale measures of economic output, such as Gross Domestic Product^{22,40}. In the coral reef literature, an environmental Kuznets curve like relationship was found between a local-scale metric of socioeconomic development and reef fish biomass, such that as reefs near communities with either very low or high levels of development tended to have about four times the reef fish biomass of reefs near the intermediate development sites⁴¹.

New Institutional Common Property Economics (hereafter New Institutional) investigates how the rules in use (i.e. laws and norms) affect people's relationships with each other and the environment. This branch of comparative institutional analyses can focus on modes of governance, property rights, institutional design, and enforcement

mechanisms. For example, Nobel Laureate Elinor Ostrom's book "Governing the Commons: the evolution of institutions for collective action" examined the institutional design associated with long-enduring common property institutions⁴². Adaptations of the New Institutional perspective to the coral reef literature have, for example, examined how both the rules in use (e.g. the degree of protection) and the processes through which those rules were developed and implemented (i.e. collaborative vs top-down management) can affect both social and ecological outcomes^{43–45}.

There are important policy implications associated with embracing, or alternatively ignoring, specific human-environment theoretical perspectives⁴⁶. Over-emphasizing one specific theoretical perspective of human environment-interactions, for example, may hinder opportunities for positive changes or alternative management options. Yet, there are few comparative studies that empirically explore the evidence for or against key human-environment theories^{22,40,46}, particularly on coral reefs. Doing so requires a large dataset of not only ecological conditions, but also a set of socioeconomic drivers specific to each human-environment theory.

Here, we use a global dataset to statistically evaluate how key indicators from several prominent human-environment theoretical perspectives explain coral reef states and processes⁴⁷. More precisely, we develop a series of alternative models to quantify how key socioeconomic indicators associated with prominent human-environment theories (Tables S1-2) are related to four key metrics of ecosystem states and processes (the presence of top predator, the amount of fish biomass, fish trait diversity, and parrotfish scraping potential; Table 1, Figure S1) across >1500 reefs in 35 countries, states, and territories, after controlling for environmental (ocean productivity, atoll, sea surface temperature anomalies) and sampling conditions (depth, habitat surveyed, sampling area, and technique) (STAR Methods, Figure 1).

To explore evidence for neo-Malthusian perspectives on coral reefs, we examined the national population size, national reef fish landings, the local population growth rate, the population size of the nearest settlement, and the population size of the nearest market (Table S1). To explore evidence for the environmental Kuznets curve in relation to coral

reefs we examine how reef conditions are related to the quadratic function of a national scale indicator of socioeconomic development (human development index) that incorporates national income, life expectancy, and schooling (Table S1). To explore the evidence for New Institutional perspectives on coral reefs, we examine how reef conditions are related to the rules in use, as well as the age and size of any no-fishing marine reserves (Table S1). To explore evidence for Agricultural Location Theory, we examined metrics of travel time to both the nearest market and the nearest human settlement (Table S1, STAR methods). In our case, a market was defined as a port, provincial capital, or major city. We built different candidate models for each ecosystem metric, allowing us to test alternative human-environment theories independently and together⁴⁷. First, we tested each humanenvironment theory independently, while controlling for environmental conditions. Second, we tested a model embracing all four human-environment theories. Third, we tested select interactions between human-environment theories to examine how the effectiveness of management may vary depending on the context^{48,49}. These included interactions between New Institutional and two neo-Malthusian indicators (population of the nearest settlement and population of the nearest market) to examine whether management has different effects depending on the surrounding population; interactions between New Institutional and Agricultural Location Theory indicators to examine whether management has different effects depending their proximity to markets or human settlements; and interactions between New Institutional and Environmental Kuznets Curve indicators to examine whether management has different effects depending on the wealth (STAR Methods). Fourth, we integrated Agricultural Location Theory and neo-Malthusianism in the form of a combined 'gravity' metric^{33,39} (STAR Methods) and examine interactions with our New Institutionalist indicator on the type of management.

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This research is part of an emerging body of empirical work by our team that explores human-environment linkages on coral reefs at a range of scales, from local³⁴, national^{50,51}, regional⁴¹, to global^{27,52}. The novel contributions of this paper are that we: 1) explicitly connect a range of socioeconomic drivers to their theoretical underpinnings, enabling support for differing human-environment theories to be investigated; 2) explore four distinct reef fish metrics (e.g. much of our previous work has focused primarily on biomass^{41,43,51,52}); 3) utilize a joint modelling approach which allows us to better integrate

information about marine reserves in our model (i.e. to explicitly consider reserve size and age; Methods); 4) test different candidate models for each response variable, which allowed us to examine the statistical support for different theoretical perspectives.

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Results and Discussion

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Agricultural location theory and coral reefs

We found strong support for our adaptation of agricultural location theory as a key predictor of coral reef states and processes (Fig 1, Tables S2-3). Specifically, the Agricultural Location model was the best performing individual theory (i.e. it had the lowest summed leave one out information criteria) and was the best individual theory to explain top predators, biomass, and trait diversity, which provide early signals of degradation (Table S3). The New Institutionalist model was preferred individual theory for parrotfish grazing (Table S3). However, our analysis revealed that the best overall model not only included the other human-environment theories, but also linked Agricultural Location, New Institutionalist, and neo-Malthusian perspectives in the form interactions between travel time and management, and between population and management (Table S2). The best overall model showed that in fished areas travel time to market displayed a consistent positive relationship across most of our reef fish metrics (Figure 2). Specifically, in fished areas, the probability of encountering a top predator, the amount of biomass, and trait diversity increased as markets were farther away (Figure 2). Although the effect size was smaller, a similar relationship was also apparent between travel time to the nearest settlement and our two most sensitive ecological indicators: top predators and biomass. Additionally, a key finding from our study is that no fishing reserves had more fish biomass when they were farther from markets.

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Market proximity has played a central role in shaping theories about terrestrial land use change^{21,23,25}, agriculture^{20,31}, and conservation⁵³. For example, land use change theories cover issues such as how market accessibility (through road networks and market connectivity) influences land use through expansion (e.g., how unconverted 'wildland' or

'native' cover is converted into agriculture), intensification (e.g., how technologies such as irrigation can increase yields, often with positive ecological outcomes), spillovers (e.g., how some land uses might get displaced into other areas), and transitions (non-linear changes to alternative system states)^{20,23,54}. Yet to date, there has been little integration of these theoretical insights about the potential importance of markets in shaping natural resource use and governance from agricultural economics and land use change science into studies of the marine environment^{27,34,51}. This suggests that there is the potential to better understand both the mechanisms driving resource use and uncover underutilized policy levers by more rigorously applying insights from fields such as land use change to the marine environment. However, such applications must pay attention to how seascapes differ from landscapes, to avoid poor planning decisions and conservation outcomes by blindly applying terrestrial concepts to marine contexts. Seascapes, particularly those with small-scale wild capture fisheries rather than aquaculture, are fundamentally different from terrestrial systems in four key ways that affect resource use and ecosystem recovery potential (and hence the applicability of terrestrial concepts). First, fishing does not necessarily result in conversion of natural habitat in the same way that agricultural expansion often does. Second, intensification in a wild capture fishery generally means killing more fish since there are fewer options for investing in increased productivity in ways that can benefit nature. Third, key characteristics such as fish being highly mobile yet difficult to directly observe can lead to fisheries having lagged social-ecological feedback mechanisms compared to land systems. Fourth, seascapes are rarely privately owned or sold, which means different institutions and market forces are at play. An important future direction will be better understanding the degree to which these differences mean specific agricultural location theories and concepts may not be applicable in reef systems, and whether bespoke 'fisheries location theories' need to be developed to better inform this potential solution space for marine conservation.

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Neo-Malthusian perspectives on coral reefs

For many decades, human-environment research on coral reefs was dominated by a neo-Malthusian perspective, which tends to view human population as *the* primary driver of change^{11–13,55}, particularly through overfishing^{4,56}. We found moderate support for the

neo-Malthusian perspective of human-environment interactions on coral reefs (Figure 2, Tables S2-3). Specifically, the neo-Malthusian model was the second ranked individual theory (based on summed leave one out information criteria; Tables S2-3), and the best overall model included an interaction between neo-Malthusian and New Institutionalist indicators (as well as an interaction between Agricultural Location and New Institutionalist indicators). Specifically, we found that in fished locations, the probability of encountering a top predator and biomass had a negative relationship with the population of the nearest human settlement, while biomass and trait diversity had a negative relationship with the market population size. We also found that in no fishing reserves, the population of the nearest human settlement had a negative relationship with trait diversity, but a positive relationship with parrotfish scraping potential. This latter result is consistent with previous work showing high parrotfish grazing where human population density is high¹⁵. Other neo-Malthusian indicators displayed minimal relationships to our reef fish metrics, with population growth positively associated to fish biomass. This is noteworthy because in many empirical studies of human-reef interactions, human population is the sole social driver of change investigated^{4,57-60}. Thus, a narrow neo-Malthusian perspective can be problematic and lead to policy blind spots if it leads to other potential drivers, and their accompanying policy levers, being ignored⁶. Indeed, key critiques of neo-Malthusianism note that it often fails to address issues such as socioeconomic inequalities or the institutional arrangements that can drive natural resource use⁶¹.

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New Institutional perspectives on coral reefs

We also found strong support for the new institutionalist perspective. We found that the institutions (i.e. rules in use) used to manage coral reefs displayed strong relationships to our reef fish metrics. Our joint modelling approach showed that the presence of top predators, reef fish biomass and parrotfish scraping potential were substantially higher in high compliance no fishing marine reserves than on openly fished reefs (Cohen's D=0.92, 2.09, 2.67, respectively), while trait diversity was similar (D=-0.04) (Figure 3). It suggests that while trait diversity may provide an early signal of reef degradation (like the presence of top predators and fish biomass), it is challenging to recover/rebuild through protection⁶².

Marine reserves are one of the most common conservation tools used on coral reefs, so it is not necessarily surprising that we found improved ecosystem states and processes within them⁶³. However, our contribution here lies in quantifying the effect size of reserves across a broad range of reef fish metrics globally, while accounting for other key socioeconomic and environmental drivers (Figure 3) and in highlighting how outcomes in reserves are dependent on the socioeconomic context, including the proximity of markets and human settlements, as well as the size of the surrounding human population (Fig 2). These results make clear both the benefits and limitations of marine reserves, and also help inform where strategically sighting them could help maximise specific ecological outcomes. Key reserve features, such as reserve age and size, were highly uncertain with our four reef fish metrics (Figure 2). This uncertainty was likely due in part to the limited number of sites within high compliance reserves (n=51). Restrictions on fishing (such as effort and size limits) were positively related to biomass and parrotfish scraping potential, but not the presence of top predators and trait diversity (Figure 2), which may have to do with fishing selectively targeting larger bodied and predatory fish. In this particular study, we did not examine the processes through which the rules were established, which can play a large role in whether specific rules are complied with 42,44.

Environmental Kuznets curve and coral reefs

Our results showed an inverted environmental Kuznets curve- the opposite of what would be expected under the environmental Kuznets curve hypothesis (Figure 4). Specifically, the best overall model favored the quadratic function of the national socioeconomic development context (measured as the human development index), but with an n- rather than u-shaped relationship (i.e. effect sizes for the quadratic terms were negative; Figures 2, 4). For example, reefs in countries with intermediate levels of human development tended to have more fish biomass than locations in high or low development countries (Fig 4).

Our current results contrast with previous work in the western Indian Ocean, which showed a U-shaped environmental Kuznets curve-like relationship between local-scale development and reef fish biomass⁴¹. Differences could be explained by the indicators used, as well as the range and the scale of the analyses (global versus regional). The western Indian Ocean study used a composite metric of 16 community-scale infrastructure items (e.g. hard-topped road, electricity, schools), whereas this present study used HDI, which integrates national income, life expectancy, and schooling). It is possible that these two metrics measure very different dimensions of socioeconomic development, which have different relationships to the environment. In regards to the range of the studies, the wealthiest country in the regional study was Seychelles, which has below global average HDI values in this present study. Thus, the range of the regional study may have only investigated the initial part of the global curve (i.e. as ecosystem metrics were rising). Additionally, the Kuznets curve may be a scale-dependent phenomenon, and there were differences between studies in the scale of the development indicator used (national scale versus local scale). Indeed, one of the plausible mechanisms of the Kuznets curve is what is referred to as the scale effect, whereby wealthier people can export their environmental footprint to other areas^{64,65}. It is often expected that this happens with some resources at a national scale⁶⁶, but with reef fish, which are not a major international commodity in the same way that tuna and other pelagic fish are, an intra-national scale effect may be possible.

Our current national-scale results are more consistent with the Jevons paradox, which notes that technological efficiency gains may be associated with increased environmental degradation as resource consumption rises in response to declining costs exhibiting what is known as a 'rebound effect' For example, in response to improved fuel efficiency in vehicles, people may decide to take an additional long drive on the weekend, thereby increasing their total travel distance because travel is cheaper. Although Jevons paradox would generally predict a decline in resource conditions with development, it is possible for ecosystem states and processes to improve in the short term as a consequence of increased resource use efficiency but decline over the longer term as changes in preferences, technology, and investment take effect or as rates of efficiency gain relative to demand stagnate For the support of the short term as a changes in preferences, technology, and investment take effect or as rates of efficiency gain relative to demand stagnate For the support of the short term as a changes in preferences, technology, and investment take effect or as rates of efficiency gain relative to demand stagnate For the support of the support of the short term as a change in preferences, technology, and investment take effect or as rates of efficiency gain relative to demand stagnate For the support of the supp

human impoverishment reinforce each other^{69,70}. Explanations for variability in these trends can be found in the treadmill of production⁴⁰ and ecological modernization⁷¹ literatures. In our case, that might mean that nearshore fish stocks recover as societies become wealthy enough to begin fishing offshore, but then decline as offshore stocks become more exploited and less profitable. Alternatively, HDI was correlated with other covariates that were excluded from the analyses (Gross Domestic Product, a World Bank governance metric of Voice and Accountability, biogeographic region) and it is possible that this is a result of confounding with other non-tested variables. Likewise, it is important to emphasise that our study used a snapshot in time along a gradient of development, rather than a temporal study of change over time. It is possible that unmeasured environmental processes (e.g. low fish productivity⁷²) could be different in our study countries and be influencing these observed patterns.

Linking human-environment theories on coral reefs

A key finding from our global study is that there is not one dominant theoretical perspective that fully explains human-environment interactions on reefs. Indeed, the best overall model included indicators from all four human-environment theories and interactions between New Institutionalist, and neo-Malthusian and Agricultural Location indicators (Figure 2, Tables S2-3). In other words, it is not only the addition of different human environment theories that is necessary to explain the states and processes on coral reef ecosystems, but also key linkages between the theories. These interactions reveal how the effects of management are context dependent⁷³: no fishing reserves can have different outcomes depending on how far they are from markets and human settlements, as well as the surrounding population. Our findings echo those of Geels⁴⁶ in agricultural systems, who concluded that individually, different theoretical perspectives were overly reductionistic in explaining the transition to pig farming in Dutch agricultural systems, but that juxtaposing multiple theoretical perspectives provided a more encompassing understanding. Our findings highlight that coral reefs are complex social-ecological systems, and underline the importance of interdisciplinarity in not only uncovering the key drivers of change on coral reefs, but also in better defining the potential solution space⁷⁴.

Ecological states and processes

The four ecological response variables we included in this study are related, but also tell us something different about reef ecology and responses to human impacts (Table 1). By assessing all four metrics, a more nuanced understanding of how reef ecology is influenced by humans emerges. The presence of top predators is the most sensitive indictor of fishing pressure, followed by the amount of fish biomass, fish trait diversity and finally parrotfish scraping potential. Indeed, parrotfish scraping potential was the least sensitive to all drivers in our model, and herbivorous fish have been shown to continue to support reef fisheries and nutrient yields on heavily disturbed reefs⁷⁵. As expected marine reserves had a positive effect on most of the metrics, but was weak for trait diversity where traits may respond differentially to protection, highlighting the importance of uncovering how individual traits respond to marine reserves⁷⁶. While the presence of top predators, fish biomass, and fish trait diversity peak at intermediate HDI values, parrotfish scraping potential declines gradually with increasing HDI, suggesting this important ecological function has greatest potential in lower developmental settings. Together, our results suggest that these four reef fish metrics are related to different socioeconomic drivers, sometimes in opposite directions (in marine reserves, the population of the nearest settlement is negatively related to trait diversity, but positively related to parrotfish scraping potential). The sampling and environmental conditions we controlled for (i.e. our nuisance parameters) were not the focus of this present article, but were clearly also important predictors across most of our reef fish metrics. Specifically, sampling area, sampling technique, depth, habitat type, and whether the reef was an atoll had relationships that cross-cut multiple reef fish metrics.

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Critiques, caveats, and future directions

It is important to note that although our study found strong relationships between a number of socioeconomic indicators and four reef fish metrics, it did not unravel the causal mechanisms behind these relationships. For example, one potential mechanism to explain the impact of travel time to markets is simply that as accessibility to markets increases, so do financial incentives for fisheries overexploitation⁷⁷. Recent research in behavioral sciences, however, shows that the impacts of market relationships on behavior are more complex ^{71,78}. For example, markets can crowd out (i.e. displace) pro-environmental

behavior not directly but through their impact on: 1) people's willingness to engage in collective action and civic duties⁷⁹; 2) people's reluctance to inflict harm on others (referred to as third party externalities)⁸⁰; and 3) people's preferences for equality⁸¹. There is thus a need to better understand the causal mechanisms through which markets and other socioeconomic drivers affect shallow reef ecosystems. Doing so may require causal modelling⁷⁷, experimental games⁸², and examining temporal trends⁸³.

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Our study focused on a set of social theoretical perspectives that offer explanations for natural resource degradation suitable for testing with available data. Though our analysis was multi-scale (local and national), it was unable to consider and test theories at the individual and supra-national scales. Consequently, this study has not considered theoretical frameworks relevant to understanding the drivers of individual behavior (e.g. attitudes, perceptions, norms, rational choice^{46,84}) or of interplay between nations (e.g. world-systems theory)85. Additionally, many of the indicators available at a national and even local scale are relatively crude, and miss key nuances and details that local scale studies are better suited to uncovering⁴⁴. For example, the global nature of our study meant that many of the institutional design principles thought to be important for the sustainability of commons governance⁴², a key focus of many New Institutional studies⁸⁶, were not available. Likewise, information about staff capacity and resources within marine reserves has been shown to be related to ecological outcomes⁸⁷, but was simply not available in our study sites. Further, some important ecological states and processes, such as fisheries productivity and wave exposure, are likely very important drivers of reef fish biomass^{8,72,88}, but were unable to be incorporated in our models. Finally, our study used a snapshot spatial approach. MacNeil⁴⁷ notes that there may be variability in the relevance of different explanatory variables over time as environmental and social conditions change. Future studies could investigate whether key theories become more or less important at explaining ecological states and processes over time using time-series data. Such an analysis could also begin uncovering dynamics such as feedback loops, which could enable inclusion of other human-environment theories such as the Marginalization-Degradation thesis⁷⁰.

An emerging body of literature has begun linking ecology with rigorous social science theory to better understand the complex and multi-scale ways that humans interact with, and affect, the environment so that underlying socioeconomic drivers of change can

be identified and used as policy levers for sustainability^{21,22,25}. Here, we tested how key socioeconomic drivers associated with four key human-environment theoretical perspectives predict the ecosystem states and processes on coral reefs across the globe. We show that a broad range of drivers are related to four key reef fish metrics, and the historical dominance of the neo-Malthusian perspective in coral reef science was not completely unfounded, but was certainly incomplete. Better understanding how other key humanenvironment interaction theories can also help to highlight opportunities for the development of novel policy levers. Although conservation initiatives that integrate marine reserves together with a focus on fisheries management are essential to supporting coral reefs, governance strategies that seek to reduce socioeconomic drivers or mediate their negative effects are also required. Many of the social drivers we examined are amenable to governance interventions. For example, our results emphasize that conservation strategies which mediate the negative effects of markets are urgently needed^{78,89,90}. Additionally, our study sheds light on how strategically placing reserves based on socioeconomic considerations (e.g. distance to markets, distance to human settlements, local population human size) may help to maximise specific ecological outcomes. Ultimately, good governance that promotes effective management and seeks to dampen key socioeconomic drivers of ecological change will be critical to sustaining reefs and providing people with crucial ecosystem goods and services.

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developed and implemented the formal analyses and conducted validations; J.E.C. led the 448 449

writing of the manuscript (original draft and reviewing & editing). All other authors

450 contributed to data collection and made substantive contributions to writing the original 451 draft and reviewing & editing. 452 453 **Declaration of interest:** The authors declare no competing interests. 454 455 **Inclusion and diversity statement**: While citing references scientifically relevant for 456 this work, we actively worked to promote gender balance in our reference list. 457 458 459 Main Text Figure legends 460 461 462 Figure 1. Map of study sites. Points are jittered to allow better visualization of nearby 463 sites. n=1571. 464 465 466 Figure 2. Coefficient plots of the relationships between key socioeconomic and 467 environmental drivers and a) the probability of observing top predators, b) the 468 amount of fish biomass, c) fish trait diversity, d) parrotfish scraping potential. 469 Points are the median effect sizes (i.e., slopes of the linear model). Error bars are 90% 470 uncertainty intervals. Turquoise and blue symbols indicate that 90% of their posterior 471 density in either a positive or negative direction, respectively. Model presented is the best 472 overall model as determined by summed leave-one-out information criteria (Table S3), 473 best fit models for individual response variables are presented in Figure S2. 474 475 476 Figure 3. Distribution of modelled intercepts between openly fished sites (dark grey) 477 and reserves (light grey) at average socio-ecological conditions for a) the probability of 478 observing top predators, b) the amount of fish biomass, c) fish trait diversity, d) parrotfish 479 scraping potential. Cohen's D statistic with 95% confidence intervals (within brackets) are 480 displayed. 481 482 483 Figure 4. Marginalized relationships between standardized Human Development 484 Index (HDI) and a) the probability of observing top predators, b) the amount of fish 485 biomass, c) fish trait diversity, d) parrotfish scraping potential for the best-overall 486 model. Solid line is the median and polygons are 90% uncertainty intervals. These plots 487 present the relationship between HDI and the response variable while holding all other 488 covariates to their global average (i.e. standardized score of 0) or to the most common

489 category (i.e. slope for habitat, standard belt transect for census method, 4 to 10 m for 490 depth). 491 492 **Main Text Table Legend** 493 494 Table 1. Main rationale and hypotheses explaining the expected relationships 495 between the four reef fish metrics used in our study and fishing pressure. They are 496 ranked from the most to the least sensitive to fishing pressure. 497 498 499 **STAR Methods** 500 501 RESOURCE AVAILABILITY 502 **Lead Contact** 503 Further information and requests should be directed and will be fulfilled by the lead 504 contact, Josh Cinner Joshua.cinner@jcu.edu.au 505 506 Materials availability: 507 This study did not generate new unique reagents 508 509 Data and Code Availability: Data and code have been deposited at GitHub and are publicly available at https://github.com/JZamborain-Mason/Cinneretal hum-510 511 env theories 512 513 514 EXPERIMENTAL MODEL AND SUBJECT DETAILS 515 516 We used four key reef fish metrics with a range of sensitivity to human threat as response variables: the presence of top predators³³, the amount of fish biomass, trait diversity, and 517 518 parrotfish scraping potential⁴⁹ (Table S2). All response variables were based on underwater 519 visual counts of fish from reef sites (Figure 1), which were sourced from multiple data 520 providers and compiled by the lead author (JEC) as part of a series of interdisciplinary papers exploring human-environment interactions on coral reefs^{33,49,52}. The data used in 521 this present paper comprise the sites in ^{33,49,52} where data for all four response variables 522 523 were available (i.e. sites that were missing one or more variables were excluded). Reef

surveys were conducted between 2004 and 2013, using standard belt-transects, distance

sampling, or point-counts. Where data from multiple years were available from a single reef site, we included only data from the year closest to 2010. Within each survey area, diurnally active, noncryptic reef fish were identified to species level, their abundance counted, and total length (TL) estimated.

Top predators

For the presence/absence of top predator's response variable, we used the methods from Cinner et al. ³³. For each site we recorded whether there was a fish from the following families greater than 50 cm in length: Carcharhinidae, Ginglymostomatidae, Heterodontidae, Sphyrnidae, and Carangidae, Lutjanidae, Serranidae and Sphyraenidae.

Biomass

The fish biomass metric was estimated using standard published species-level length—weight relationship parameters available on FishBase⁹¹. When length—weight relationship parameters were not available for a species, we used the parameters for a closely related species, genus or family³³. We included 22 fish families that were standard across the different data providers⁴⁹.

Trait diversity

We used the methods from Cinner et al. ⁴⁹ to calculate fish trait diversity, we used six traits:

(i) observed length category (10-15 cm, 15.1-30 cm, 30.1-50 cm, 50.1-80 cm, or >80 cm);

(ii) mobility (i.e., sedentary, mobile within a reef, or mobile between reefs); (iii) period of

activity (i.e., diurnal, both diurnal and nocturnal, or nocturnal); (iv) schooling behavior

(i.e., solitary, paired, or living in small (3-20 individuals), medium (20-50 individuals), or

large groups (>50 groups)); (v) vertical position in the water column (i.e., benthic, benthopelagic, or pelagic); (vi) diet (i.e., herbivorous-detritivorous, macro-algal herbivorous, invertivorous targeting sessile invertebrates, invertivorous targeting mobile invertebrates, planktivorous, piscivorous, and omnivorous). Since all traits were categorical, species with identical traits were grouped into entities. We then computed the Gower distance between all pairs of entities and computed trait diversity using the Chao's FDq=1 index⁹² which is based on the distribution of biomass among entities:

$$FD_{q=1} = \exp\left(-\sum_{i=1}^{S} p_i \times log\left(1 - \sum_{i \neq j} \frac{1 - \min\left(d_{ij}, mD\right)}{mD} \times p_j\right)\right)$$

where p_i and p_j are the respective relative biomasses of the two entities i and j in the community, d_{ij} is the Gower distance between entities i and j, mD is the average of all Gower distances between the entities present in the global pool of species. This index is expressed as an equivalent numbers of species. Hence, it is minimal and equals 1 when all biomass is supported by the same entity (i.e. when one species is ultra-dominant or when all species have the same trait values) and it is maximal and equals the number of species when all species pairs have dissimilarities higher than the average dissimilarity in the species pool and equal biomasses.

Parrotfish scraping potential

Finally, we calculated parrotfish scraping potential (area grazed per minute) as the product of parrotfish fish density, feeding rate, and bite dimension⁹³. Size-specific feeding rates were derived from best-fit regressions of bite rate (bites min⁻¹) and total fish length (cm)

for each species or a closely related congener. Parrotfish bite rates and total fish length were quantified at three locations (Great Barrier Reef, Australia; Indonesia; and the Red Sea) and converted to bites min⁻¹. Individual fish were followed for a minimum of 3-minutes and 19-126 individuals (mean = 41 individuals) were observed per species. These values were supplemented with published length-feeding rate relationships for Atlantic parrotfishes ^{94,95}. Size-specific bite dimensions (mm²) were obtained from the literature ^{93,96–98}.

METHOD DETAIL

Data

- 581 Scales of data: Our data was organized in three spatial scales nested within each other:
- reef sites (our lower unit of analyses; n=1571), reef-clusters (clusters of reef sites within
- 4km of each other; n=625), and nations/states (jurisdictions that generally correspond to
- individual nations or states; n=35).

QUANTIFICATION AND STATISTICAL ANALYSIS

Predictor variables: To explore the socioeconomic distal drivers for each response variable we adopted a Bayesian hierarchical modelling approach that, besides including the socioeconomic covariates of interest (Table S1), also included methodological and environmental covariates known to impact the response variables (i.e., nuisance parameters), and explicitly recognized the nested structure of reefs (i) within reef clusters (j) within nations/states (k) in our data.

Included covariates were: oceanic productivity 99,100 [following the procedure described by

Gove et al.42, we delimited a 100km buffer around each site, removed shallow waters

pixels below 30m, and then calculated the average of monthly chlorophyll-a concentration using data provided at a 4km-resolution by Aqua MODIS (Moderate Resolution Imaging Spectro-radiometer) for the years 2005-2010. Note that oceanic productivity has been found to influence coral reef fish communities in several other large-scale studies^{59,101,102}, but will be most influential in atoll and oceanic island settings], whether or not the reef is an atoll, census method used (i.e. standard belt transect, point count, distance sampling), sampled area, habitat type sampled (i.e., flat, slope, crest, backreef), depth category of the survey (i.e., <4m, 4-10 m, >10 m), Sea Surface Temperature anomalies (SST anom)¹⁰³, regional population growth (i.e., proportional difference between the population within a 100km buffer in 2000 and 2010), the nations reconstructed spatial reef fish landings^{56,104} clipped to only include catches from reefs divided by the area of reef¹⁰⁵, national population size, national human development index¹⁰⁶, reserve size, reserve age, whether there were any active gear of effort restrictions in place for fished reefs (e.g., ban of certain gears or size limits), the travel time (in minutes) between the reef and the nearest market (defined as a port, provincial capital, or large city), the travel time between the reef and the nearest human settlement, and the population size of both the nearest human settlement and the nearest market. We also combined the population and travel time to create a metric of 'gravity' to the nearest market and nearest settlement 52. Market gravity was calculated as the population size of the nearest market divided by the squared travel time³⁸ between the city and the reef 52. Similarly, nearest settlement gravity was calculated as the population of the nearest human settlement to the reef divided by the squared travel time between the settlement and the reef 52. Note that: (i) before including these covariates, we checked that multicollinearity was not a concern (VIF<2); and (ii) in our data, the metric of HDI is

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correlated with other national metrics (e.g., gross domestic product or the Voice and Accountability governance metric¹⁰⁶) and with biogeographic region, which we did not include.

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Analyses: In contrast to previous work (e.g., 33), to account for the potential collinearity between management and reserve size and age (i.e., only reserves have age and size), we divided our model into two sub-model components: fished (a) and reserves (b) (i.e., i=a+b). Methodological, environmental and socio-economic effects sizes were jointly estimated from both sub-model components. However, effect sizes specific for a given sub-model component (i.e., effects of reserve age, reserve size and restrictions on fished reefs) were estimated only from their specific subset (that is, some parameter values were informed by the entire dataset but, where relevant, other parameters were informed only by one model component). Continuous covariates were standardized (subtracted their mean and divided by two standard deviations¹⁰⁷) and categorical covariates were treated as dummy variables (1's and 0s). For each response variable we evaluated twelve alternate models through leave-out-one cross-validation¹⁰⁸ (Tables S2-3): the null model (the model excluding all covariates; model 12); individual theories separately (whilst including sampling and environmental covariates; models 1-4); full models with no interactions between the theories (model 5), and a series of full models that included select interactions between the theories, including linking Agricultural Location Theory and neo-Malthusian in the form of a combined 'gravity' metric; model 6), interactions between New Institutional and neo-Malthusian indicators to examine whether reserves have different effects depending on the surrounding nearest settlement and nearest market populations (model 7), interactions

between New Institutional Theory and Agricultural Location Theory indicators to examine whether management has different effects depending their proximity to settlements and markets (model 8), interactions between New Institutional and neo-Malthusian indicators, as well as New Institutional and Agricultural Location Theory indicators to examine whether management has different effects depending their surrounding populations AND proximity to markets (model 9), interaction between gravity and management, which is conceptually similar to model 9 but with population and travel time combined into a single metric (model 10), and interactions between New Institutional and Environmental Kuznets Curve indicators to examine whether management has different effects depending on the wealth (model 11) (Table S2). Note that we only considered neo-Malthusian interactions using the indictaors population to the nearest market and population to the nearest settlement. During this model selection process, for each response variable, we removed observations (<5% of observations) that gave bad (i.e., >0.7) pareto-k diagnostic values (i.e., highly influential values in model selection¹⁰⁹). Individual response variable model selection results are found in Table S3. Overall, summing all response variable's leave one out information criteria (looic) for each candidate model, model selection results (Table S2) show that (i) models including all theories are favored over the null model or individual theories separately; and (ii) model 9 (model that included all theories together and interactions between New Institutional and Agricultural Location Theory indicators and interactions between New Institutional and neo-Malthusian indicators) was favored as the best-fit overall model. Thus, we use model 9 in the main text and show best-fit models for each response variable (Figure S2).

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We used gaussian family (normal distribution) for the log transformed biomass and trait diversity metrics, a Bernoulli family for the presence/absence of top predator's response variable (with a logit function), and a hurdle-lognormal family distribution for the parrotfish scraping potential. For each response variable, our basic linear model structure for the best-ranked model was:

$$\log (B_a) \sim N(\mu_a, \sigma_a); \log (B_b) \sim N(\mu_b, \sigma_b)$$
 (1)

$$\log (TD_a) \sim N(\mu_a, \sigma_a); \log (TD_b) \sim N(\mu_b, \sigma_b)$$
 (2)

$$PA_a \sim Bernoulli_logit(\mu_a); PA_b \sim Bernoulli_logit(\mu_b)$$

$$671 (3)$$

if
$$PS_a = 0$$
, $PS_a \sim bernouilli(\delta)$; if $PS_b = 0$, $PS_b \sim bernouilli(\delta)$

$$673 (4)$$

$$if PS_a > 0, PS_a \sim LN(\mu_a, \sigma_a); if PS_b > 0, PS_b \sim LN(\mu_b, \sigma_b)$$
 (5)

$$\mu_a = \beta_{0ika} + \beta_1 x_{deep,a} + \beta_2 x_{shallow,a} + \beta_3 x_{crest,a} + \beta_4 x_{lagoon/backreef,a} + \beta_5 x_{flat,a} + \beta_5 x_$$

$$\beta_6 x_{point\ count,a} + \beta_8 x_{sampling\ area,a} + \beta_9 x_{size,a} + \beta_{10} x_{age,a} + \beta_{11} x_{atoll,a} +$$

$$\beta_{12}x_{prod,a} + \beta_{13}x_{SSTanom,a} + \beta_{14}x_{popgrowth,a} + \beta_{15}x_{marketpop,a} +$$

$$\beta_{16}x_{settlementpop,a} + \beta_{17}x_{landings,a} + \beta_{18}x_{population,a} + \beta_{19}x_{hdi,a} + \beta_{20}x_{hdi^2,a} +$$

$$\beta_{22} x_{markettt,a} + \beta_{23} x_{settlementtt,a}$$
 (6)

$$\beta_{0ika} = N(\beta_{0ka}, \sigma_{ia}) \tag{7}$$

$$\beta_{0ka} = N(\beta_{0a}, \sigma_{ka}) \tag{8}$$

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$$\mu_{b} = \beta_{0jkb} + \beta_{1}x_{deep,b} + \beta_{2}x_{shallow,b} + \beta_{3}x_{crest,b} + \beta_{4}x_{lagoon/backreef,b} + \beta_{5}x_{flat,b} +$$
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$$\beta_{6}x_{point\ count,b} + \beta_{7}x_{distancesampling,b} + \beta_{8}x_{samplingarea,b} + \beta_{11}x_{atoll,b} +$$
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$$\beta_{12}x_{prod,b} + \beta_{13}x_{SSTanom,b} + \beta_{14}x_{popgrowth,b} + \boldsymbol{\beta}_{24}x_{marketpop,b} +$$
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$$\boldsymbol{\beta}_{25}x_{settlementpop,b} + \beta_{17}x_{landings,b} + \beta_{18}x_{population,b} + \beta_{19}x_{hdi,b} + \beta_{20}x_{hdi^{2},b} +$$
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$$\beta_{21}x_{restrictions,b} + \boldsymbol{\beta}_{26}x_{markettt,b} + \boldsymbol{\beta}_{27}x_{settlementtt,b}$$
687 (9)

$$\beta_{0ikb} = N(\beta_{0kb}, \sigma_{ib}) \tag{10}$$

$$\beta_{0kh} = N(\beta_{0h}, \sigma_{kh}) \tag{11}$$

where the subscripts a and b represent the reserve and fished sites, respectively; the subscripts j, k represent the scale, reef cluster and nation/state, respectively; β_0 ... represents the intercepts for either log biomass, log trait diversity, log parrotfish scraping potential (when>0) or log odds of observing a top predator; β ... are the effect sizes (slopes) for the covariates x..., which are jointly estimated, where relevant, between the reserve and fished sub-models for each response variable except for the highlighted interactions; μ ... are the expected site-specific mean log biomass, log trait diversity, log parrotfish scraping potential (when>0) or log odds of observing a top predator; δ is the probability of observing 0 parrotfish scraping potential; and σ .. are the standard deviations. Model parameters were given weakly informative priors.

Analyses were performed in Stan using the Hamiltonian Monte Carlo algorithm implemented in RStan¹¹⁰. Four chains were run for each scenario, leaving 4000 samples in the posterior distribution of each parameter. Convergence was monitored by running four chains from different starting points, examining posterior chains and distribution for

- stability, checking that the potential scale reduction factor (also termed R_hat) was close to 1 and examining the effective sample sizes and rank plots¹¹¹. Model fit was examined by posterior predictive checks, checking residuals against fitted values and ensuring
- residuals had the expected distribution (Figure S3).

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Table 1. Main rationale and hypotheses explaining the expected relationships between the four reef fish metrics used in our study and fishing pressure Indicators are ranked from most to least sensitive to fishing pressure.

Reef fish metric	Rationale and Hypotheses	Sensitivity to fishing
Presence of predator	Top predators such as sharks play unique roles in ecosystems, structuring food webs via direct and indirect effects ^{48,49} . They generally grow slow and reproduce late, making them particularly sensitive to fishing impacts and slow to recover, and often occur in only very remote locations ^{50–53} and very large well-enforced protected areas ⁵⁴ . Depletion of top predators is strongly related to socio-economic conditions such as the size and proximity of the nearest market and human population density ⁵⁵ . Top predators thus provide a very early signal of marine ecosystem exploitation	Very highly sensitive
Amount of biomass	Biomass captures both the size and number of fish above 10 cm in the system, which represents both food availability to people and is a proxy for a range of other ecosystem states and processes. Fish biomass is expected to decline rapidly as human impacts intensify ³³ , and there is empirical evidence that management can allow the recovery of large species ⁵⁷ .	Highly sensitive
Trait diversity	Trait diversity is based on the distribution of relative fish biomass across 6 trait values (diet, size, mobility, gregariousness, vertical position, period of activity). Trait diversity is low when most of fish biomass belongs to a single species or to redundant species (i.e. with same trait values) and is maximal when biomass is evenly shared by species with the most dissimilar trait values. Trait diversity is negatively affected by human activities because fisheries target some specific fish traits ^{58,59} . Yet, trait diversity moderately benefits from marine reserves, particularly close to humans ^{60,61}	Moderately sensitive
Parrotfish scraping potential	On coral reefs, parrotfish are among the most important groups of herbivorous fish. Their unique oral morphology (i.e. teeth fused to form a beak) allows them to scrape the reef substratum, removing algae and associated material thereby clearing space for the settlement of benthic organisms such as corals, and contribute to bioerosion of reef carbonates ⁶² . Parrotfish scraping is expected to decline with fishing intensity ⁶³ and respond positively to management ⁶⁴ , yet, some parrotfish populations may provide weak signals of ecosystem exploitation or restoration ⁶⁵ .	Least sensitive

1009 Figure 1. Map of study sites

1011

Points are jittered to allow better visualization of nearby sites. n = 1,571.

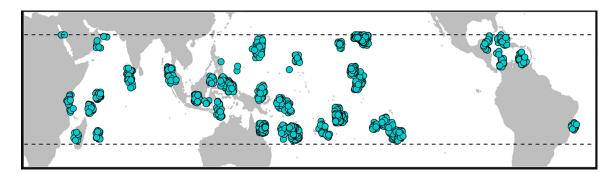


Figure 2. Coefficient plots of the relationships between ecological response variables and key socioeconomic/environmental drivers

(A) the probability of observing top predators, (B) the amount of fish biomass, (C) fish trait diversity, and (D) parrotfish scraping potential. Points are the median effect sizes (i.e., slopes of the linear model). Error bars are 90% uncertainty intervals. Turquoise symbols indicate that 90% of the posterior density is in a positive direction, while blue symbols indicate that 90% of the posterior distribution is in a negative direction. Model presented is the best overall model as determined by summed leave-one-out information criteria (Table S3); best fit models for individual response variables are presented in Figure S2.

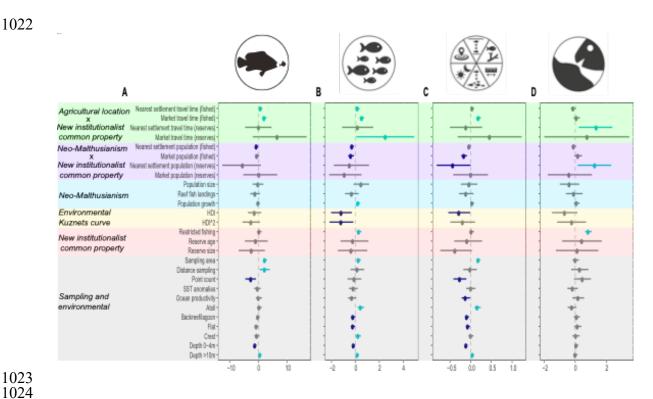


Figure 3. Distribution of modeled intercepts between openly fished sites (darkgray) and reserves (lightgray) at average socioecological conditions for four ecological response variables

(A) The probability of observing top predators, (B) the amount of fish biomass, (C) fish trait diversity, and (D) parrotfish scraping potential. Cohen's D statistic with 95% confidence intervals (within brackets) is displayed.

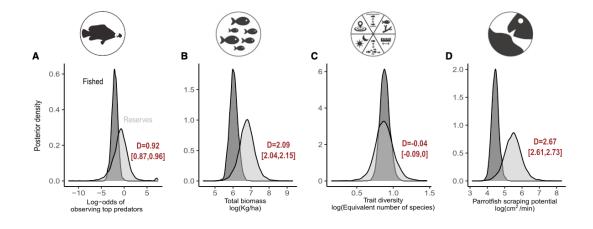


Figure 4. Marginalized relationships between standardized human development index (HDI) and four ecological response variables

(A) The probability of observing top predators, (B) the amount of fish biomass, (C) fish trait diversity, and (D) parrotfish scraping potential for the best overall model. Solid line is the median, and polygons are 90% uncertainty intervals. These plots present the relationship between HDI and the response variable while holding all other covariates to their global average (i.e., standardized score of 0) or to the most common category (i.e., slope for habitat, standard belt transect for census method, 4 to 10 m for depth).

