



INNOVATION IN AGEING FOR THE FUTURE



54th AAG CONFERENCE

9 – 12 NOVEMBER 2021

DIGITAL EVENT

Preliminary Program Information

Subject to change. All digital session times listed are Australian Eastern Standard Daylight Savings Time. Fridays local hub meetings will run at each locations local time.

Day 1 - Wednesday 10 November 2021

ONLINE

8.45am SESSION 1: PLENARY: 2021 Gary Andrews International Fellow								
	Welcome to Country Official Welcome Prof Marguerite Bramble Alan Hopgood AM Prof Hiroko Akiyama							
9.45 am	Stretch Break							
	SESSION 2A	SESSION 2B	SESSION 2C	SESSION 2D	SESSION 2E	SESSION 2F	SESSION 2G THINKTANK	
	<i>Health and Medical</i>	<i>Policy, Advocacy, Planning and Change</i>	<i>Social Engagement and Wellness</i>	<i>Service Delivery, Workforce and Reform</i>	<i>Policy, Advocacy, Planning and Change</i>	<i>Health and Medical</i>	<i>Policy, Advocacy, Planning and Change</i>	
CHAIR	Prof. Bamini Gopinath	Ms Susan McGrath	Dr Aislinn Lalor	Dr Kristiana Ludlow	Dr Victoria Cornell	CHAIR NEEDED		
10.00 am	2 Prediction of dementia: Differences between performance-based versus informant-reported measures of functional impairment	127 Person centred home care packages: future visions for carer recognition Ms Cathy Duncan Ms Lorraine Williams	37 Radio relationships and well-being in older age Dr Amanda Krause	172 Models for predicting fall in aged care: Systematic Review Dr Karla Seaman Dr Kristiana Ludlow	31 Re-balancing residential aged care provision: targets, trajectories, and tears Mr Mark Cooper-Stanbury	30 Countering Cultural Bias in Ageing Research Methods Ms Aliza Hunt	95 Life story work in aged care settings Dr Xanthe Golenko Mr Mark Silver	

Radio relationships and well-being in older age

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Abstract

Community radio is known to promote psychosocial well-being for individuals and their communities. Specifically, community radio broadcasting is “perfectly placed to tackle the far-reaching social issue of loneliness” (Order, 2017, p. 244) which is important as older adults, in particular, experience loneliness due to low levels of community connection. Thus, a better understanding of the social connections established between radio presenters and listeners could identify specific ways in which community and well-being in older life may be supported. This AAG-supported program of mixed-methods research investigated radio presenter behaviours to consider how their practices may be designed to facilitate their listenership’s sense of well-being. With data collection still underway, preliminary analyses suggest that radio presenters are not only recipients of well-being benefits, but are also conduits. They work with the listener in mind – scripting and delivering their presentation and content selections according to perceived audience preference. Findings will address how the behaviours of presenters relate to efforts to connect with, retain, and support the well-being of their listeners. Project findings provide an in-depth understanding of how radio relationships can promote well-being, leading to the creation of an evidence-based, user-friendly resource, designed to assist individuals and radio providers in promoting individual and community well-being. Broader implications regarding how the radio might be used in aged-care settings and healthy ageing policies will be discussed.

References

Order, S. (2017). All the lonely people, where do they all belong: Community radio and social connection. *Radio Journal: International Studies in Broadcast & Audio Media*, 15(2), 243-258. doi:10.1386/rjao.15.2.243_1

Presenter biographies

Dr Amanda Krause is a Lecturer (Psychology) in the College of Healthcare Sciences at James Cook University. She is interested in the social and applied psychology of music, and her research examines everyday music interactions, with an emphasis on considering how everyday music experiences influence well-being. Her current research projects concern how everyday music and the radio influence older people’s well-being.

Dr Heather Fletcher is a Lecturer in Music (Opera Performance) at the Melbourne Conservatorium of Music, The University of Melbourne. Her PhD in Music Psychology focused on the practices of expert voice teachers in Australia, and her research interests include social psychology in music performance practices.