



APE2020

Programme

KEYNOTE SPEAKERS:

Prof Veena Kumari:

“Personality Pathology: A Dimensional Perspective”

Director of Centre for Cognitive Neuroscience, Brunel University London,
UK

Prof Felice Jacka

“Nutritional Psychiatry: translating new knowledge into population health benefits”

Director Food and Mood Centre, IMPACT, Deakin
University, Australia

Prof Saeid Sanei:

“Deeper into the brain via signal processing and machine learning”

School of Science & Technology, Nottingham Trent University, UK



<p>15:30 - 16:00</p>	<p>Posters Blitz 1</p> <ul style="list-style-type: none"> ▪ <i>The influence of dimensional psychopathology on social versus monetary reward processing</i> (Aldridge-Waddon, L.*, Vanova, M., Puzzo, I., Muneke, J., & Kumari, V.) ▪ <i>Mental Health Force: Assessing and promoting mental health amongst police officers</i> (Moreno, A.*, Rubiol Vilalta, S., & Oliveira-Silva, P.) ▪ <i>Relationship between the use of social networks and youth empathy: An exploratory study with YouTube</i> (Costa, J.*, Campos, L., Dias, P., & Oliveira-Silva, P.) ▪ <i>How Secondary Psychopathy Mediates the Relationship between Sporting Choice and Aggression and its sub facets</i> (Kidd, S. J.*, & Birkin, O.)
<p>16:00 – 17:00</p>	<p>Discussion Round with the Journal Editors</p> <p>Daniel Mograbi, <i>Psychology & Neuroscience</i></p>
<p>17:00 - onward</p>	<p>Evening Programme</p> <p><i>Varanasi Short film & Commentary: Vijay Rana</i> Gather for Fun and Festivities: Wine and Painting Recreations</p>

Day 2. Food, Mood & Music for the Mind (24.09.2020)

<p>9:00 – 10:00</p>	<p>Opening Keynotes</p> <p>Prof Felice Jacka: <i>Nutritional Psychiatry: translating new knowledge into population health benefits</i> Director Food and Mood Centre, IMPACT, Deakin University, Australia</p>
<p>10:00 – 11:00</p>	<p>Symposium 2: <i>Music, Mind and Wellbeing</i> Convenor: Dr Patrícia Oliveira-Silva</p> <ul style="list-style-type: none"> ▪ <i>Promoting music engagement: Findings from the Musical Investment project</i> (Krause, A.) ▪ <i>Musical achievement during lockdown: The parental support miracle</i> (Oliveira, A., McPherson, G., Ribeiro, L.M., & Oliveira-Silva, P.) ▪ <i>Music, Mind and Wellbeing</i> (McPherson, G.)
<p>11:00 – 11:30</p>	<p>Coffee break & Poster Rooms</p>
<p>11:30 - 12.20</p>	<p>Symposium 3: <i>Diet, Depression and Aggression</i> Convener: Dr Alexander Sumich</p> <ul style="list-style-type: none"> • <i>Parabolic elephants</i> (Sumich, A.) • <i>Don't slap the fish: Omega-3 intake and physical aggression is mediated by motor inhibition in response to distressed faces</i> (Fido, D., Heym, N., Bloxson, C.A.J., Hunter, K., Gregson, M., & Sumich, A.)



#SYM-02

Music, Mind and Well-being

Convener: Patrícia Oliveira-Silva

Overview: In this roundtable, we will explore the role and purpose of music for individuals, and the ways people engage with music to regulate their mood and emotions in ways that reinforce their overall wellbeing. Presenters in this roundtable will discuss what it means to be ‘musical’ through an examination of the personal and environmental factors that affect musical development, ability and identity. Also, we will discuss the role of parental support on children’s musical education.

Title: Promoting music engagement: Findings from the Musical Investment project

Authors: Krause, A.

Affiliations: James Cook University, Queensland, Australia

Corresponding author: Amanda Krause, amanda.krause1@jcu.edu.au

Abstract: A growing body of research has begun to examine music investment and well-being; yet very little has considered how best to promote life-long investment in music. This presentation will present findings from an Australian Research Council funded discovery project that focused on generating knowledge about how and why we should invest in music-making to promote well-being. In particular, by drawing on quantitative and qualitative analyses, these findings concern differentiating the psychosocial variables related to continuing versus ceasing musical participation, exploring the reasons why people cease their participation and how to re-engage them in participating, and how participating in musical activities influences perceived well-being.

Title: Musical achievement during lockdown: The parental support miracle

Authors: Oliveira, A.¹, McPherson, G.², Ribeiro, L.M.³, & Oliveira-Silva, P.¹

Affiliation(s): 1. Human Neurobehavioral Laboratory (HNL), Research Center for Human Development (CEDH), Faculdade de Educação e Psicologia - Universidade Católica Portuguesa, Porto, Portugal; 2. University of Melbourne, Melbourne Conservatorium of Music, Australia; 3. Research Center for Human Development (CEDH), Faculdade de Educação e Psicologia - Universidade Católica Portuguesa, Porto, Portugal.

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Abstract: It is widely believed that parental support has a significant impact on children’s education, particularly in musical instrument education. In fact, extensive research has shown that parental support is one of the factors perceived as being of the highest importance in the early stages of a musician’s development. At the start of 2020, the outbreak of a global