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Well-being outcomes of marine protected areas

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1 **Well-being outcomes of marine protected areas**

2

3 **Abstract**

4 Marine protected areas are advocated as a key strategy for simultaneously protecting marine
5 biodiversity and supporting coastal livelihoods, but implementation can be challenging for
6 numerous reasons, including perceived negative effects on human well-being. We synthesized
7 research from 118 peer-reviewed articles that analyze outcomes related to marine protected
8 areas on people, and found that half of documented well-being outcomes were positive, and
9 about one-third were negative. No-take, well-enforced, and old marine protected areas had
10 positive human well-being outcomes, which aligns with most findings from ecological studies.
11 While on balance larger marine protected areas improved ecological conditions, smaller areas
12 improved human well-being. Most studies focused on economic and governance aspects of
13 well-being, leaving social, health, and cultural domains understudied. Well-being outcomes
14 arose from direct effects of marine protected area governance processes or management
15 actions, and from indirect effects mediated by changes in the ecosystem. Our findings illustrate
16 that both human well-being and biodiversity conservation can be improved through marine
17 protected areas, yet negative impacts commonly co-occur with benefits.

18

19 **Main text**

20

21 Many countries have committed to establishing 10% of their marine waters as marine protected
22 areas (MPAs)^{1,2} to stem biodiversity declines and safeguard related ecosystem services^{3,4}.
23 While conservation effectiveness of MPAs has been demonstrated through ecological studies^{5,6},
24 many MPAs have social goals and outcomes that are less well understood⁷. Understanding how
25 human well-being may be affected by MPAs is important for ethical reasons with potential

26 implications for biological outcomes. MPAs that support positive human well-being are also
27 more likely to achieve their conservation goals because they are more acceptable, desirable,
28 and supported by local communities⁸⁻¹⁰. This, in turn, can increase compliance¹¹. Human well-
29 being is an important end goal, with co-benefits for conservation goals and policies (e.g.¹²⁻¹⁵).
30 Ensuring that positive human well-being outcomes are associated with implementation and
31 maintenance of MPAs is thus important for acceptance and effectiveness.

32
33 Worldwide, increasing establishment of MPAs¹⁶ has stimulated research on well-being
34 outcomes of MPAs, with a substantial increase in studies in the last decade (Figure S1). The
35 most recent synthesis of impacts of MPAs on human well-being (hereafter “well-being
36 outcomes”), published a decade ago, focused only on fishing communities due to data
37 constraints⁷. That study found that MPA establishment tends to improve food security and
38 empower local fishing communities, but that effects vary depending on the social and
39 governance context^{7,17}. Since this synthesis was conducted, there have been numerous case
40 studies (Supplementary References) that document a broad array of positive and negative
41 social outcomes from MPAs. Given the commitment by countries to establish MPAs¹⁶,
42 understanding their effects on well-being outcomes is crucial.

43
44 We performed a systematic literature review on the well-being outcomes of MPAs (Tables S1,
45 S2). We examined social, health, culture, economic, and governance domains of human well-
46 being¹⁸, and added an environment domain since environmental health is fundamental to
47 human well-being and vice versa (Table S1). Governance as a well-being outcome refers to the
48 experience of local people with the quality of governance processes – including actors such as
49 empowerment, participation, conflict management and accountability¹⁹. Our analysis allows us
50 to answer questions critical for assessing well-being outcomes of MPAs. Where and how are
51 well-being outcomes of MPAs studied? What domains of human well-being are included in

52 scientific studies? Are well-being outcomes consistent across different groups of people (i.e.
53 stakeholders)? What factors influence whether positive or negative outcomes are perceived or
54 experienced? Finally, what well-being outcomes co-occur?

55

56 **Data on human well-being outcomes of MPAs**

57

58 We identified 118 peer-reviewed articles (Supplementary References, Figure S1) that
59 investigated an existing MPA or MPAs, and included information about the measured or
60 perceived impact(s) of the MPA(s) on people (108 articles with quantitative or directional data).
61 The relevant articles studied 121 MPAs distributed globally (Figure 1a), containing 267
62 observations of stakeholders (i.e., some articles studied multiple stakeholders, as defined in the
63 source paper), each of which described one or more well-being outcomes of MPAs (i.e., 606
64 data points of well-being outcomes). Coastal communities referred to residents in coastal towns
65 rather than more specific groups such as fisheries or tourism, and recreation was defined as
66 non-extractive personal activities (e.g., diving, kayaking). 75% of stakeholder data involved
67 fisheries; of those, 76% were about artisanal and small-scale fisheries, 15% about industrial
68 fisheries, and 9% about recreational fisheries, but the sample sizes were too small to analyze by
69 disaggregated fisheries categories. Further disaggregation, while not provided in the papers,
70 might highlight additional biases in studies (e.g., gender, ethnicity)²⁰. Most MPAs with relevant
71 data were from Asia (especially the Philippines) and Europe, with a fairly even distribution of
72 MPA size and age categories. The most common types of MPA governance were state-led and
73 community-based, followed by co-managed. Several study designs were used, with those
74 asking stakeholders for their perceptions of social change being the most common, followed by
75 studies before and after MPA establishment, and studies using control-impact design (e.g.,
76 inside and outside of MPAs). The least common study type was the before-after control-impact
77 design (Figure 1b).

78

79 **Domains of human well-being considered in MPA studies**

80

81 All domains of well-being were mentioned at least once in every paper, whether as the focus of
82 study, or in the discussion (Figure 2). Economic, governance and environment categories were
83 most prevalent, often the focus of assessment. Social, health, and cultural domains received
84 much less attention, usually in the form of a cursory mention in the discussion. The category
85 mentioned most frequently was economic livelihoods, in which we included fisheries catches
86 and catch per unit effort (CPUE). Categories of cultural diversity and mental health received the
87 least attention. We posit that the uneven consideration of categories is due to a combination of
88 the societal importance placed on economic outcomes, and the challenges in measuring social,
89 health, and cultural domains. Ten variables across four domains had enough quantitative
90 information to be further analyzed for outcomes (Figure 3): income, number of users, CPUE,
91 catches, cost of activity (only mentioned in relation to fishing regarding increasing fuel costs
92 when distance to fishing grounds increased), stakeholder rights to inform resource management
93 (hereafter “resource control”), stakeholder support for the MPA, change in spatial use patterns
94 (hereafter “spatial change”), conflict, and community involvement (Table S1).

95

96 **Well-being outcomes of MPAs**

97

98 Overall, there were more positive (51%) than negative (31%) well-being outcomes reported in
99 the literature (Figure 3, Table S3). Shifts in the numbers of users differed between stakeholder
100 groups, with more increases for tourism and recreation, and more decreases for fisheries (Table
101 S4). The most positive well-being outcomes of MPAs related to community involvement (76%
102 positive), CPUE (73%), and income (65%). The most negative outcomes manifested through
103 increasing costs of activities (100%, though only 13 instances, all related to increased cost of

104 fishing), and conflict (79%). We interpreted increased conflict as a negative well-being outcome,
105 although conflict is not necessarily negative. Debate and to some extent, conflict, is recognized
106 as a critical element of democratic governance and procedural justice²¹, often providing space
107 for a diversity of voices, including those of minority groups²². The most ambiguous outcomes
108 (i.e., no change, or could not be interpreted as negatively or positively affecting people)
109 occurred with shifting spatial usage patterns – mostly of fishing activities – due to the MPA.

110

111 Some explanatory variables had a significant influence on well-being outcomes (Figure 4, Table
112 S5). MPAs that were single zones, no-take, old, and had high enforcement, indicated more
113 positive well-being outcomes than other categories (Fisher's exact tests and ANOVAs, p-value
114 <0.05). Study design was also correlated with outcomes, with studies that ascertained
115 stakeholders' perceptions (that did not fall into the other research design categories) more
116 negative than those that objectively measured outcomes. While the data showed that positive
117 well-being outcomes were more prevalent in tropical systems, the correlation was not
118 statistically significant when considering combined outcomes (Figure 4, Table S5). When
119 analyzing specific outcomes (e.g., income, CPUE, number of users, etc.; Table S6), some
120 additional patterns emerged. Ecosystem type was correlated with income, CPUE, support,
121 spatial change, and community involvement; no-take zone presence was correlated with
122 income, support, and community involvement; and compliance was correlated with resource
123 control, support, spatial change, and conflict; for additional correlations, see Table S6. However,
124 sample sizes were small when disaggregating outcomes, because most studies only included
125 one or two outcomes.

126

127 Co-occurrences of outcomes showed some interesting and unexpected patterns (Figure 5). As
128 expected, an increase in catches correlated with an increase in CPUE. When catches
129 increased, there was also more conflict (which we interpreted as negative), perhaps due to

130 uneven distribution of benefits. Some co-occurrences, despite showing significant trends, have
131 small sample sizes and are thus difficult to interpret (catches and income; catches and number
132 of users; Figure 5), and we emphasize that correlation does not mean causation.

133

134 **Discussion**

135

136 Our finding that MPAs have more positive than negative well-being outcomes across diverse
137 stakeholder groups – similar to findings by Mascia, et al. ⁷ for fishers – lends credibility to the
138 potential of MPAs to benefit both biodiversity and people. Research shows that ecologically
139 effective MPAs require five key attributes: no-take, well enforced, old (>10 years), large
140 (>100km²), and isolated⁵. Similarly, we found that no-take, well enforced, and old MPAs also led
141 to more positive well-being outcomes. However, our results indicate that small MPAs had more
142 positive well-being outcomes than large MPAs. Certain aspects of MPA design and
143 management may thus contribute to both positive ecological and well-being outcomes, whereas
144 others will require trade-offs. Our findings also highlight that there are both co-benefits and
145 trade-offs among stakeholder groups, leading to questions of equity, justice, and power.

146

147 The scientific literature on well-being outcomes of MPAs focused on relatively few indicators
148 mostly within the economic domain, such as income earned or catches, whereas many other
149 potentially relevant indicators in other domains were mentioned but rarely measured (see Table
150 S1 for examples of indicator topics for all well-being categories). For instance, indicators of diet
151 and food availability can reveal changes in health of local populations dependent on coastal
152 resources. The fact that measurements relate to only a few well-being outcomes is important,
153 because there is a risk that easily quantifiable indicators come to dominate the discourse about
154 well-being outcomes of MPAs. Multidimensional aspects of well-being, notably in relation to
155 values, are particularly difficult to quantify (e.g. power, sense of community), but can have

156 important implications for the acceptance and support of MPAs^{17,23}. Without being readily
157 measurable, there is a danger these aspects of human well-being may inadvertently disappear
158 from the problem/decision-making context because they are not being measured or reported if
159 decision-makers are not part of the affected communities (e.g., state managed MPAs).
160 Furthermore, indicators can become self-perpetuating, with the rationale for using indicators
161 based on past studies. Indeed, we justified some of the indicators we quantified because they
162 were assessed in a previous study⁷. Some indicators that are easily measured, such as equity
163 (e.g., examining outcomes by race, gender, age, location, cultural group, etc.), are rarely
164 included. Thus, we encourage those studying the well-being outcomes of MPAs to combine
165 previously tested indicators (see Hicks, et al. ²⁴) with efforts to develop a broader set of
166 indicators that represent holistic domains of human well-being^{18,25,26}. Furthermore, qualitative
167 studies are particularly important in providing explanation and context for indicators, which alone
168 cannot tell the full story^{25,27}.

169
170 While social scientists are increasingly called on to assess human well-being outcomes of
171 MPAs²⁸, MPA development and management continues to be primarily occurring without
172 consistent quantitative or qualitative monitoring of well-being outcomes^{29,30}. We need to move
173 towards ensuring the long-term well-being of people and communities that depend on marine
174 systems, and develop appropriate studies and indicators to capture the multi-dimensional
175 outcomes of MPAs. Similarly, participatory processes are critical to ensure that those affected
176 by MPAs are involved in making management decisions. Social sciences can provide important
177 methodological and analytical insights for qualitative studies and quantitative monitoring,
178 regarding ways in which stakeholders frame MPAs in their own terms, and how MPAs are
179 continually mediated through cultural values and worldviews, media discourses, and perceived
180 trust in science and institutions. A shift within management agencies is starting to occur, as
181 exemplified by the recent management focus on diverse ecological and cultural values^{31,32}.

182

183 The process of creating MPAs, that are small, local, and managed by communities, has
184 numerous benefits for human empowerment and well-being, notwithstanding environmental
185 outcomes³³⁻³⁵. Two main mechanisms for well-being outcomes of MPAs were reflected in the
186 literature: (1) direct effects of MPA governance processes or management actions; and (2)
187 indirect effects mediated by changes in the ecosystem. Direct effects included, for example,
188 conflicts arising during MPA planning processes, community involvement in management,
189 enhancement or displacement of livelihoods, and limitations on access rights (e.g.,
190 displacement from fishing an area, or exclusive access for some users). Indirect effects of
191 MPAs on well-being are generally due to recovering marine systems and included increases in
192 catches, CPUE, and income from resource extraction. These indirect effects are influenced by
193 the state and management of ecosystems surrounding the MPA³⁶. Some aspects of well-being
194 outcomes may arise with both mechanisms. For instance, conflict can be caused by stakeholder
195 discussions during MPA establishment and management fora, and it can also result from new or
196 shifting user groups in the area, or changing availability of resources.

197

198 We found that conflict increased more often than decreased with MPA implementation. A key
199 source of conflict identified in the reviewed literature related the reconfiguration of stakeholders'
200 resource access, use and rights as a result of MPA implementation. For example, conflict was
201 often related to MPA-mediated displacement of users that increased overlap in the use of
202 marine areas. This was particularly common amongst fishers employing different gear types
203 (e.g.,^{37,38}). Further, conflict was often documented in relation to MPA decision-making
204 processes during which different stakeholder groups vie for influence and control. In many
205 cases, this conflict occurred between local users (often fishers) and external stakeholders,
206 including conservation organizations (e.g.,³⁹) and tourism operators (e.g.⁴⁰). Given the power
207 differentials between local users and external stakeholders (particularly in Global South

208 contexts), such processes were often documented as further marginalizing local users and
209 contributing to inequities in resource use or access⁴¹. However, in some cases it was reported
210 that MPA establishment was seen as a negotiation opportunity for local users to acquire or
211 solidify their rights over a marine area. For example, Cudney-Bueno et al.⁴² report although
212 there was substantial conflict over the granting of access rights during MPA implementation,
213 fishers territorial access rights were strengthened through the process. Further, conflict can
214 denote debate and deliberative decision-making, essential to democratic governance and
215 procedural justice³⁵. For example, Gurney et al.⁴¹ document how conflict led to improved
216 governance, whereby MPA management group members fished together in an MPA to highlight
217 lax enforcement by government officials.

218

219 Given that MPA processes involve reconfiguring resource use and access, and typically involve
220 a number of competing stakeholder groups, conflict is likely⁴³. Conflict also highlights that there
221 are commonly trade-offs among different people in MPA design and management, and that win-
222 win situations are rare and difficult to negotiate. Better understanding the nuances of conflict,
223 and managing expectations, might help inform and innovate future MPA design and
224 management processes. Collaboration between resource-users may also provide opportunities
225 for dialogue, sense-making and conflict resolution⁴⁴. Involving the community at initial phases in
226 the policy decision-making process can promote deliberation and increase the efficiency in
227 producing workable outcomes^{45,46}. However, we need to recognize that access to power is
228 uneven among stakeholders.

229

230 An interesting finding was that the design of studies affected whether well-being outcomes
231 appeared more positive or negative. Studies that measured the perceptions of stakeholders
232 (e.g., their self-assessment of impacts through surveys) were more negative than those that
233 attempted to measure objective aspects of human well-being (e.g., tracking fisheries landings

234 before and after MPA implementation). Such a discrepancy could be due to who is measuring
235 the outcome (stakeholders vs. researchers). Also, different aspects of well-being are captured
236 by subjective and objective measures, with objective measures less able to capture some
237 aspects of well-being that critically affect people, such as culture, conflict, and social relations.
238 Subjective measures do not only reflect perception; they can also be self-reports of observed
239 reality. Perceptions and self-reports clearly matter in their own right, because these can lead to
240 support for, or opposition to, conservation^{19,47,48}. Thus using both objective and subjective
241 measures is essential, as they can test and lend validity to each other. Understanding why
242 results of objective measures are sometimes inconsistent with reported perceptions may help
243 identify more acceptable and robust management actions⁴⁹.

244

245 Our review revealed several research gaps that require attention. Some systems (e.g., Arctic,
246 sub-tropical) had no or very little data, and some regions (e.g., South America) and stakeholder
247 groups (e.g., recreational users) were understudied. A methodological gap was that the most
248 powerful study design – before-after-control-impact⁵⁰ – was also the least prevalent.

249 Furthermore, studies to date predominantly concerned single MPAs. As MPA networks are
250 being established, there is a need to think about assessing well-being outcomes at the scale of
251 networks, rather than single sites, which requires attention to potential mismatches between
252 ecological and social systems. Some limitations of our research are that we do not know
253 whether MPAs that have been studied are biased towards positive or negative results. We also
254 considered all indicators of well-being as important, whereas in reality some aspects will be
255 more important to stakeholders, and this will likely vary by stakeholder group. A more nuanced
256 understanding of human well-being outcomes of MPAs is critical for creating management
257 measures that benefit people and ecosystems.

258

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266 collated quantitative data, carried out analyses, and drafted the paper. All authors contributed
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269

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398

399

400 Figure 1. (a) Global distribution of the number of studies of MPAs by country included in the
401 analysis, with MPAs shown in pink outline. (b) Characteristics of the studies and MPAs included
402 in this review. Numbers in parentheses indicate the number of studies (i.e., papers) for study
403 design (out of 118), and the number of MPAs (out of a possible 121; some MPAs had no data
404 about some characteristics). BACI stands for before-after control-impact; S., C., and N. stand for
405 South, Central, and North, respectively; co-mgmt is an abbreviation of co-managed.

406

407 Figure 2. Domains and categories of human well-being mentioned in studies reviewed. Env.
408 means environmental. For the rationale underpinning our categorization scheme, see¹⁸. Table
409 S1 describes details about the domains of human well-being

410

411 Figure 3. Summary of well-being outcomes of MPAs. See Table S3 for interpretations of
412 negative, positive, and ambiguous outcomes. Sums of percentages may not add up to 100%
413 due to rounding errors. “Com. involvement” refers to community involvement. % refers to the
414 percentage of data point that were positive, negative, or ambiguous (neither clearly positive or
415 negative; or no change). Data points consist of all measures of well-being by stakeholder
416 group(s) contained in the papers reviewed. See Table S3 for interpretation of positive, negative,
417 and ambiguous.

418

419 Figure 4. Combined well-being outcomes summarized by explanatory variables. See Table S3
420 for interpretations of negative, positive, and ambiguous outcomes. Sums of percentages may
421 not add up to 100% due to rounding errors. Ambiguous refers to no change or unclear
422 directionality of change. Bolded variables are those that show significant ($p < 0.05$) correlations
423 (Fisher’s exact tests or ANOVAs) between the variable and synthesized outcomes (Table S5).
424 For analyses by disaggregated outcomes, see Table S6.

425

426 Figure 5. Co-occurrence of select well-being outcome variables. Blue circles are scaled relative
427 to each plot to illustrate the sample size (number inside the circle) of co-occurrences, and the
428 grey bars indicate the sample sizes of the rows and columns. The first variable stated is shown
429 on the x-axis, and the second on the y-axis. ** indicates Fisher's exact test $p < 0.05$, * $p < 0.1$.
430

1 **Methods**

2

3 Selecting papers: We carried out a systematic literature review in Web of Science (capturing all dates,
4 with the first article appearing in 1973, last searched on 5 June 2018; Table S1) to identify studies that
5 assessed the outcomes of MPAs on human well-being (hereafter well-being outcomes). We included
6 original peer-reviewed journal articles that investigated (1) an existing MPA or MPAs, (2) included
7 information about the measured or perceived impact(s) of the MPA(s) on people. Excluded were studies
8 about: the impact of users on the MPA; opinion papers; modelling studies with hypothetical or
9 predictive data; anticipated impacts; descriptive studies of fishing/tourism effort within an MPA without
10 a temporal comparison; and review papers. Papers included the following research designs: before-after
11 studies; control-impact (or inside-outside) comparisons; before-after-control-impact (BACI) studies;
12 distance from MPAs; studies that assessed people’s perceptions that did not fit in the other categories;
13 and other (e.g., historical narratives, ethnographic studies).

14

15 Qualitative data and analyses on human well-being: We reviewed papers that met our selection criteria
16 for mentions of possible well-being outcomes (i.e., qualitative information). We tracked the indicators or
17 phrases mentioned, and summarized them into slightly adapted domains and categories of human well-
18 being reported by Kaplan-Hallam and Bennett¹ (Table S1). We used this categorization because it
19 provided a recent review and synthesis of social impacts in conservation and environmental
20 management and was therefore highly relevant to our study. It synthesizes several related relevant
21 frameworks, which we also considered e.g.,²⁻⁶. Our modifications were to add ‘environment’ as a
22 domain to encompass variables relating directly to the ecological system (although we did not track
23 quantitative data for this domain); and we added ‘legitimacy’ to governance domain as this is an

24 important component of governance⁷. Ambiguities between domains of well-being meant that some
25 indicators could fit within multiple domains, so we made a decision about the best fit. For example,
26 ‘number of users’ can represent the cultural engagement with an activity, and we associated it with the
27 cultural domain. It could also be an indicator of economic outcomes. We graphed the number of papers
28 mentioning each of the domains and categories to provide an overview of the prevalence for different
29 aspects of human well-being.

30

31 Quantitative data on human well-being: We collated results of measurements (quantitative data) of the
32 well-being outcomes of MPAs by the most refined yet independent stakeholder group possible, such
33 that a paper could provide multiple data points relating to different levels and types of social
34 aggregation (e.g., by village, and/or by stakeholder type, and/or fishing gear type). We collated data for
35 variables known to be important, and that are commonly measured, as identified by Mascia, et al.⁸:
36 number of users (e.g., number of fishers, number of tourism operators), community organization (i.e.,
37 number of active civil society organizations exclusively or primarily of that stakeholder group), income,
38 and the fisheries-specific measure of catch per unit effort (CPUE). In addition, we tracked other variables
39 that were commonly measured within the papers reviewed: resource control (i.e., involvement by
40 stakeholders in governing natural resources within the MPA), support for the MPA, cost of carrying out
41 an activity (e.g., fuel costs for fishers or tourism operators), conflict, spatial usage change of the MPA
42 (i.e., whether and how spatial usage patterns changed, mostly relating to fishing), and fisheries-specific
43 total catches. We obtained quantitative data from the results of the papers, and tables and figures
44 therein, using WebPlotDigitizer (<https://apps.automeris.io/wpd/>) to acquire data from figures or graphs.
45 When multiple years were tracked, we used data from the latest year (i.e., longest time since
46 protection). When multiple species were included (e.g., CPUE for multiple species), we used the data for
47 the species with the most catches. Given papers used different methods and measures that are not

48 comparable across contexts, we categorized data as increased, no change, or decreased. Some papers
49 reported different outcomes for a single category of well-being (support: high or increased, medium or
50 no change, low or decreased; spatial change: displacement; fishing the line; changed pattern; no
51 change). Therefore, we interpreted these measures as illustrating predominantly positive outcomes,
52 negative outcomes, or ambiguous outcomes (Table S3). We created a summary of the outcomes by
53 stakeholder-MPA combinations, categorizing them as positive if only positive outcomes were found for a
54 stakeholder group, negative if only negative outcomes existed, and tradeoff if both were described for a
55 stakeholder group; we did not consider ambiguous outcomes in this summary.

56

57 Data on explanatory variables: We collated information provided in the papers about potential variables
58 that might contribute to the well-being outcome of MPAs on people including characteristics of: the
59 MPAs (country, continent, size, age), governance (community-based, co-managed, state- or NGO-
60 managed), management (no-take or multiple use), ecosystem protected (tropical, sub-tropical,
61 temperate). We also included the study design used in the source papers (before-after, control-impact,
62 BACI, perception, distance from MPA, other). For the sake of visual comparisons, we classified size and
63 age into three categories: small (<1km²), medium (1-100km²), and large (>100km²); and young (<5
64 years), medium (5-10 years), and old (>10 years), respectively. Where details about the MPAs were
65 lacking, we looked up the MPA on protectedplanet.net or MPA Atlas to ascertain the size and age. Some
66 MPAs were not listed and thus had incomplete information. To estimate the age of the MPA at the time
67 of the study, we used the designation date and the year the study was performed. If date of data
68 collection was not provided, we assumed data were collected the year before publication. For MPAs
69 that have had major management changes, we used the date of the change to calculate the age, not the
70 original MPA designation date. Similarly, when papers mentioned that implementation (i.e.,
71 management plan) was different from the date of designation, we used the date of implementation. We

72 categorized the stakeholder groups studied (fisheries, coastal communities, tourism, recreation, other).
73 Where the studies provided the data, we also compiled whether the MPAs had high enforcement (yes,
74 no), high compliance (yes, no), and clear boundaries (yes, no).

75

76 Quantitative analyses: We summarized the data by calculating the percentage of positive, ambiguous,
77 negative outcomes for the categories of human well-being that had quantitative data (economic,
78 governance, social, cultural). Similarly, we summarized the percentage of positive, ambiguous, and
79 negative outcomes by stakeholder group, ecosystems, MPA characteristics, MPA locations, governance,
80 and study design. We used Fisher's exact tests (2-tailed, for factor variables) and ANOVAs with Tukey
81 HSD post-hoc test (for continuous variables, size and age) to assess the statistical significance of the
82 relationship between synthesized outcomes (positive, trade-off, negative) and the explanatory variables.
83 We also examined within categories or variables with more than two categories, but these analyses did
84 not yield any additional insights. We used Microsoft Excel and R to visualize data, and all quantitative
85 analyses were carried out in R⁹.

86

87 We used balloon plots (in R package gplots¹⁰) and Fisher's exact tests to gauge co-occurrence of specific
88 outcomes. We examined co-occurrence of economic indicators by comparing the variable with the most
89 data (catches, n=124) to other economic variables (income, number of users, CPUE), and the two next
90 most commonly found variables to each other (CPUE and number of users). We excluded cost of activity
91 because of limited data points (n=13). We then repeated the analyses comparing catches to governance
92 variables (resource control, support, spatial change) and social variables (conflict, community
93 involvement). Small sample sizes precluded statistical analyses with multiple variables.

94

95 The data that support the findings of this study are available as supplementary materials.

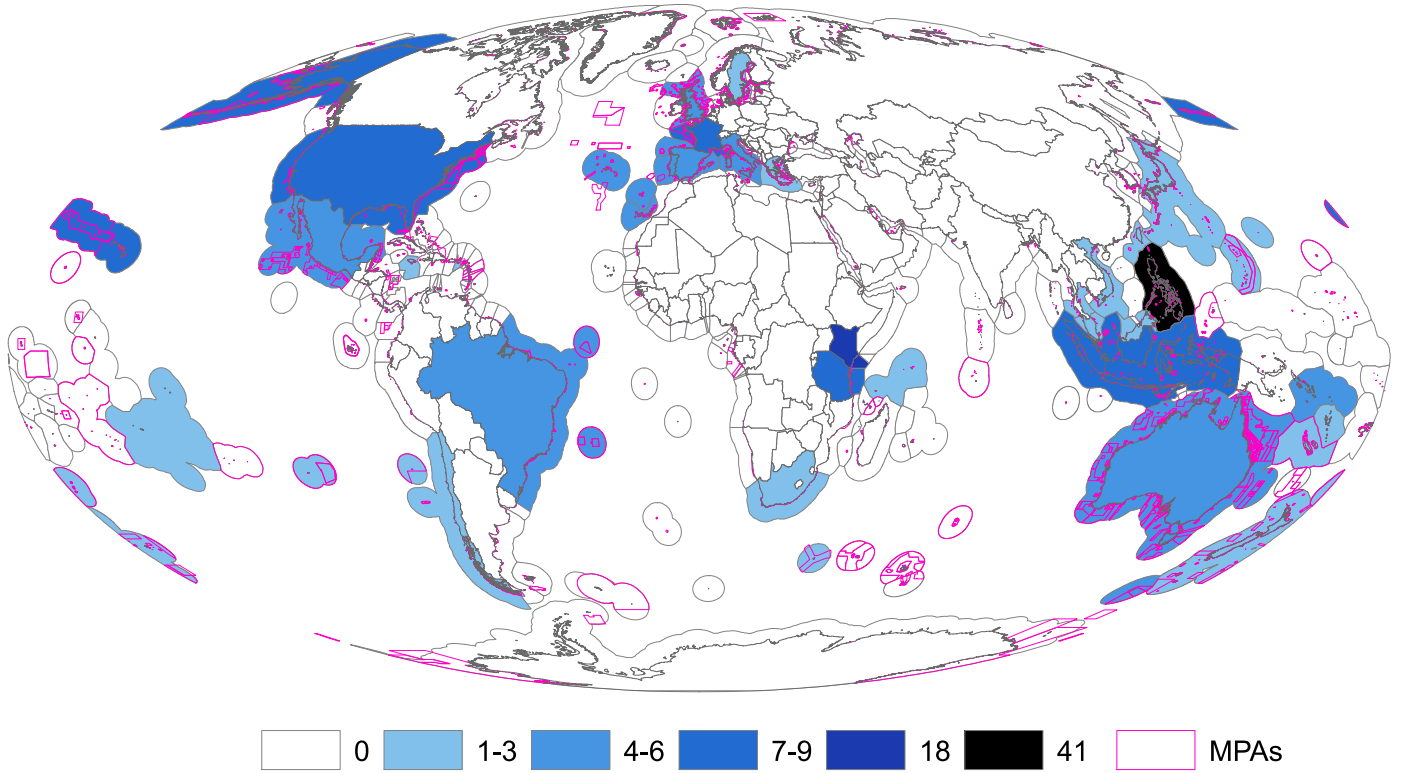
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97 **Methods references**

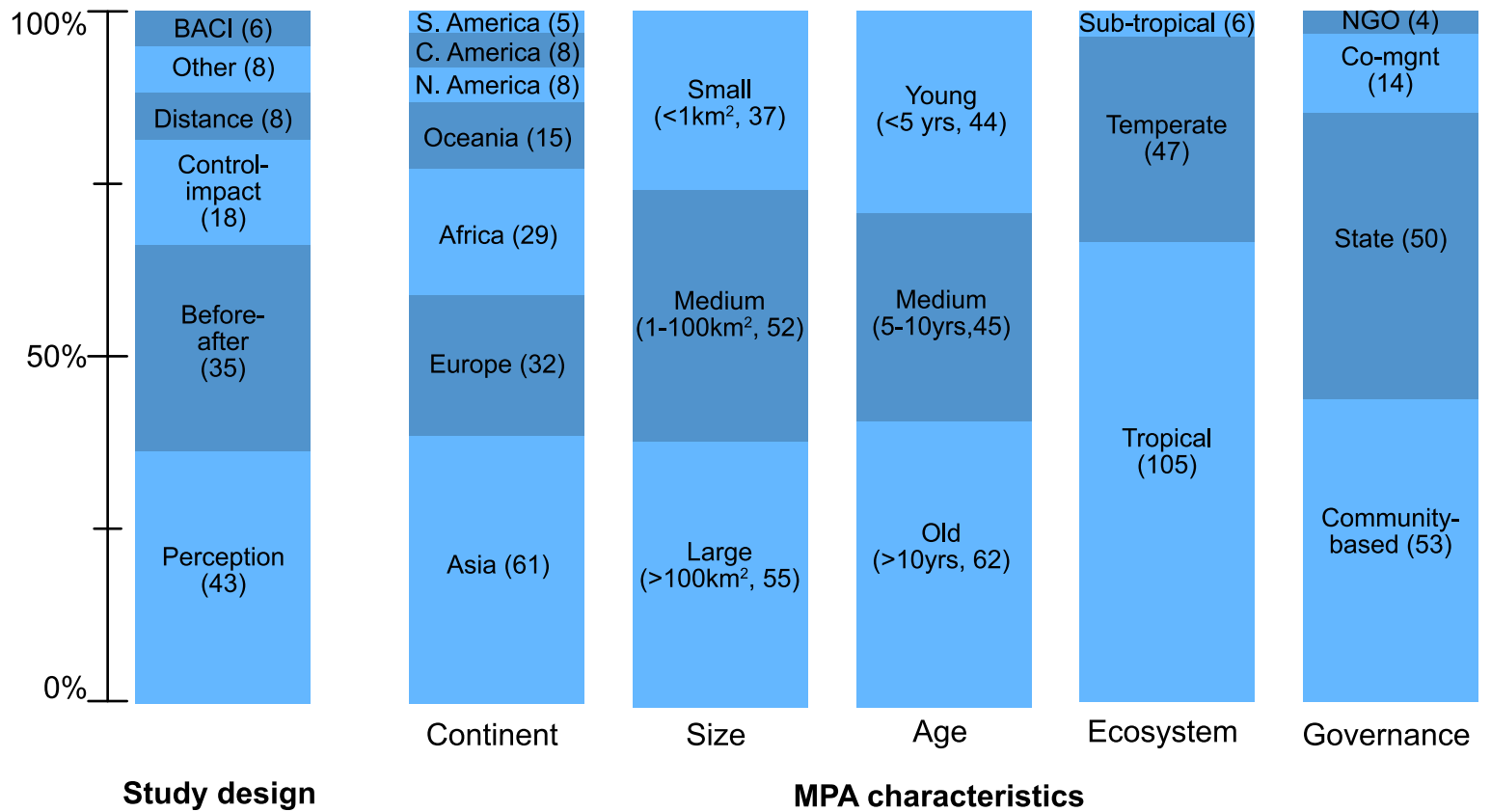
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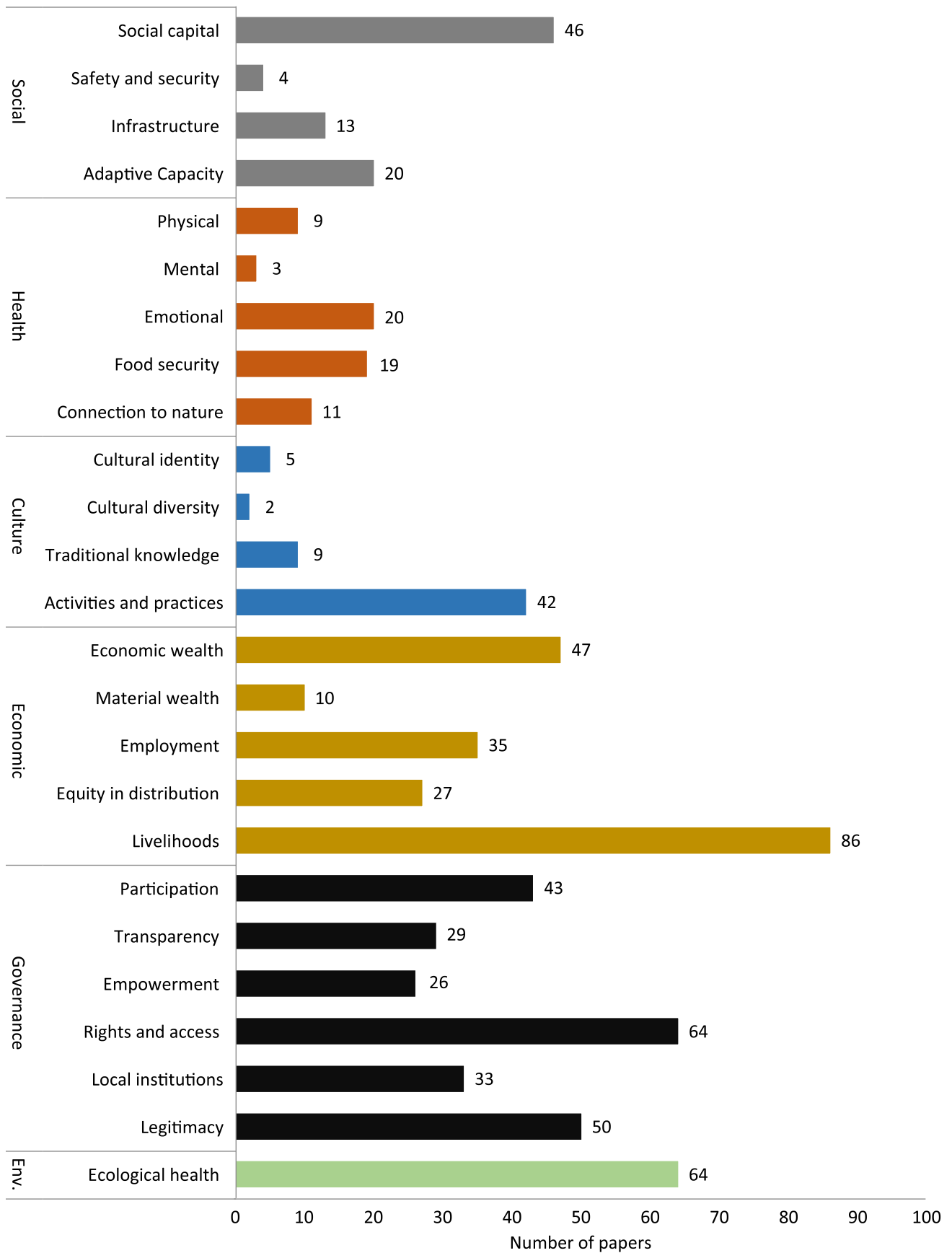
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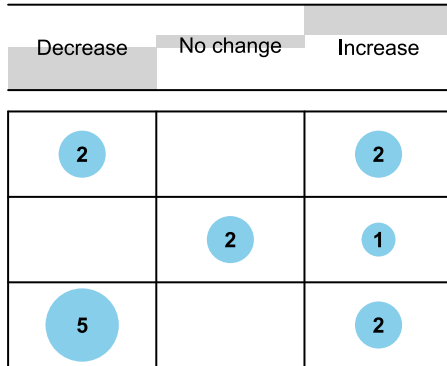
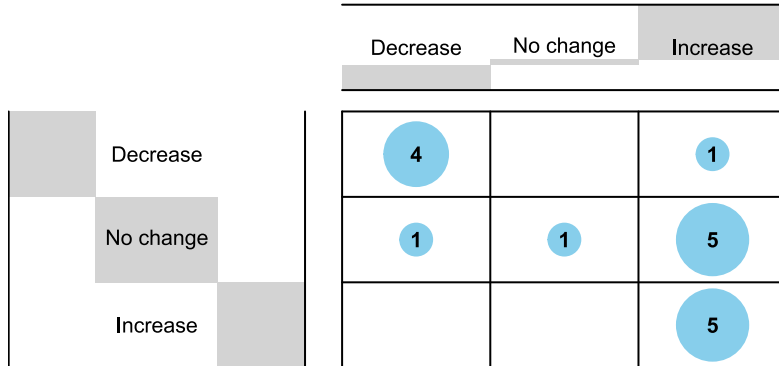
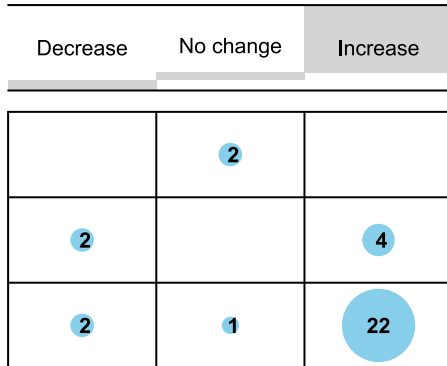
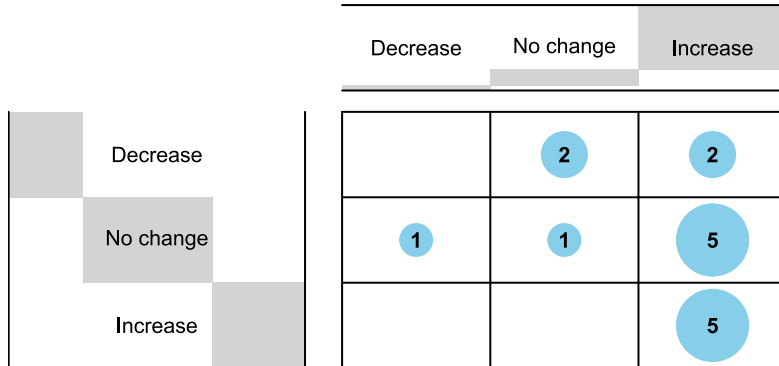
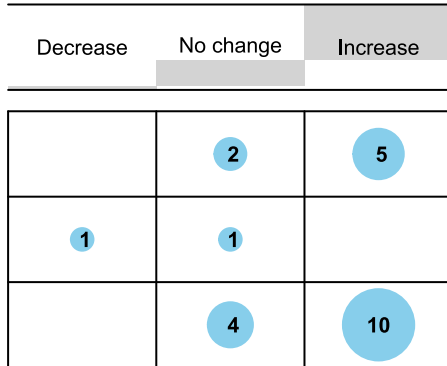
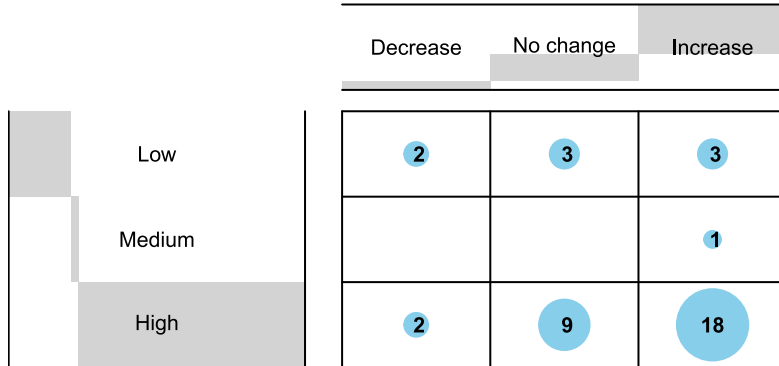
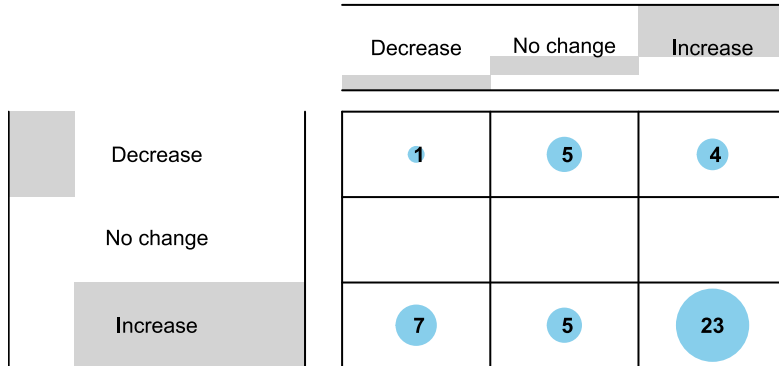
(b)







		Positive effects (%)	Negative effects (%)	Ambiguous effects (%)	Number of data points
Stakeholders	Fisheries	53	31	17	452
	Tourism	46	23	30	56
	Recreation	47	12	41	17
	Coastal communities	43	39	19	80
Ecosystems	Tropical	57	28	15	474
	Sub-tropical	24	44	32	25
	Temperate	43	35	22	207
MPA characteristics	Multiple zones	41	39	20	246
	Single zone	60	22	17	232
	No-take area	54	27	19	367
	No no-take area	35	38	27	77
	High enforcement	63	21	16	136
	Not high enforcement	51	41	8	106
	High compliance	75	11	15	102
	Not high compliance	42	43	14	104
	Clear boundaries	68	19	13	47
	Unclear boundaries	59	37	4	49
	Young age	43	35	22	192
	Medium age	47	34	19	178
	Old age	60	27	13	202
	Small size (<1km2)	66	22	13	111
	Medium size	50	32	18	221
Large size	45	36	19	228	
MPA locations	Africa	64	27	9	102
	Asia	58	29	14	219
	Central America	41	41	19	37
	Europe	45	31	24	153
	North America	41	28	31	32
	Oceania	33	40	27	48
	South America	40	33	27	15
Governance	Community-based	70	21	9	174
	Co-managed	43	35	23	75
	NGO-managed	33	44	22	9
	State-managed	41	34	25	212
Study design	Before-after	55	26	19	206
	Control-impact	65	13	21	67
	BACI	64	27	9	11
	Distance	69	3	29	35
	Perception	40	44	15	262
	Other	56	20	24	25

Catches vs Income***Catches vs number of users******Catches vs CPUE******CPUE vs number of users****Catches vs Resource control****Catches vs Support****Catches vs Spatial change****Catches vs Conflict*****Catches vs Community involvement**