Background & ‘Issue’

‘The Intervention’

Lessons Learnt

Questions/Comments

First identified in the 1950s as a preferred alternative to dorsoglueteal

There is a reluctance by Australian nurses to use the ventrogluteal site

Most used site for IMI in mental health nursing is dorsoglueteal
What we did first

- Consultation with key stakeholders
- Information sharing
- Literature review
- Development of an educational strategy, aka ‘the intervention’

‘The intervention’

- Teaching session developed
  - Delivered over a number of months
  - 1 hour
  - JCU campus
  - Initially offered to senior MH nurses
  - Train-the-trainer approach
  - Co-facilitated by JCU and TTH

‘The intervention’ continued

- 3 Components
  - Theoretical component
  - Practical component
  - Informal debriefing

Outcomes of ‘the intervention’

- Identified need to offer training across the district
- Wider working party established
- Formal teaching session developed:
  - Learning package
  - Powerpoint presentation
  - Practical session
  - ‘Debriefing’ session

Outcomes of ‘the intervention’ continued

- Procedural checklist developed
- Additional in-services held for other industry partners

Peer to peer learning

- Benefits
  - Both parties respected as experts
  - Collaborative approach
  - Instilled trust in students
  - Quality assurance – positive client outcomes
  - Knowledge surrounding VG is expanding
  - Solved the initial problem

- Challenges
  - Change management process
  - Staff Resistance
Lessons learnt

- Universities can positively influence practice in industry
- Peer to peer learning improves collaboration
- Integral to success is respect for each peer's own field of expertise
- For change to be sustainable there needs to be a 'locally based champion'

Acknowledgement

- Raellene Costello
- Continues to promote and educate others about the VG site

Selected References