

The Wiley International Handbook of Correctional Psychology

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Edited by

Devon L. L. Polaschek, Andrew Day, and Clive R. Hollin

This edition first published 2019
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Registered Office(s)

John Wiley & Sons, Inc., 111 River Street, Hoboken, NJ 07030, USA

John Wiley & Sons Ltd, The Atrium, Southern Gate, Chichester, West Sussex, PO19 8SQ, UK

Editorial Office

111 River Street, Hoboken, NJ 07030, USA

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Library of Congress Cataloging-in-Publication Data

9781119139683 (hardback); 9781119139966 (ePDF); 9781119139973 (epub)

[Typesetter: CiP data includes print ISBNs so when you add overwrite existing print ISBNs found on TV page]

Cover image: [Production Editor to insert]

Cover design by [Production Editor to insert]

Set in size of font and font name by Typesetter

[Typesetter: please leave line space here for printer to insert "Printed in [Country only]" – do not include in BPA files]

*To Harry Love and Paul Gendreau for their distinct contributions to correctional
psychology in Aotearoa/New Zealand (DLLP)*

To Kevin Howells, the spiritual leader of correctional psychology in Australia (AD)

To James McGuire, psychologist extraordinaire (CRH)

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About the Editors

Devon L. L. Polaschek is Professor of Psychology and of Security and Crime Science at the University of Waikato (Te Whare Wananga o Waikato) in Hamilton, New Zealand. She has a longstanding interest in correctional psychology practice, and in training psychologists and other staff to be more effective in their work with offenders. Her research publications span the psychology of violent and sexual offending, high-risk offenders, psychopathy, the working alliance, treatment change, treatment outcome, and parole. She is a former Fulbright Scholar, recipient of the New Zealand Psychological Society's Hunter Award for lifetime excellence in scholarship, research and professional achievement in Psychology, and Fellow of the Association of Psychological Science.

Andrew Day is Professor and Head of Research in the Indigenous Education and Research Centre at James Cook University. He has research interests in areas of offender rehabilitation, violent offenders and juvenile justice. He is widely published in the field of forensic psychology and criminal justice.

Clive R. Hollin is Emeritus Professor of Criminological Psychology at The University of Leicester, UK. He wrote the best-selling textbook *Psychology and Crime: An Introduction to Criminological Psychology* (2nd ed., 2013, Routledge); his latest book is *The Psychology of Interpersonal Violence* (2016, John Wiley & Sons) to be followed in 2018 by *Reducing Interpersonal Violence: A Psychological Perspective* (Routledge). In all, he has published 23 books alongside over 300 other academic publications and was for 20 years lead editor of the journal *Psychology, Crime, & Law*. Alongside various university appointments, he has worked as a psychologist in prisons, the Youth Treatment Service, special hospitals, and regional secure units. In 1998, he received The Senior Award for

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Alfred Allan qualified in law and psychology and is registered with clinical and forensic endorsements in Australia. Professor Allan has taught law, psychology and professional ethics in South Africa and Australia. He is a member of the inaugural Psychologists Board of Australia a director and the chair of the Standing Committee on Ethics of the International Association for Applied Psychology (IAAP) and a Fellow of the Australian Psychological Society (APS). He is on the editorial committee of *Psychiatry, Psychology and Law* and the editorial board of *Philosophy, Ethics, and Humanities in Medicine*, and *Ethics and Behavior*.

Danyal Ansari, BA (Hons), is currently undertaking training as a Clinical Associate in Applied Psychology and is employed with NHS Greater Glasgow & Clyde. His work focuses on providing cognitive behavioral therapy for individuals experiencing common mental health problems. He has previously worked with individuals with intellectual and developmental disability, and autism where he provided clinical and forensic input to the service.

Rebecca L. Bauer is a licensed psychologist who received her Ph.D. in counseling psychology from Texas Tech University. She previously worked as a staff psychologist for

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Astrid Birgden is a Consultant Forensic Psychologist and Adjunct Clinical Associate Professor, Deakin University, Australia. Dr Birgden has developed policy and service delivery to correctional services (sex offenders and drug-related offenders), disability services (forensic disability clients), and in problem solving courts (family violence court and drug court). Dr Birgden's international work includes designing a practical intervention in a torture prevention project for police and military personnel in Sri Lanka and Nepal (EU funding), and training correctional officers regarding sexual and drug-related offenders in the Caribbean (EU funding). She has published on offender rehabilitation, therapeutic jurisprudence and human rights.

Erica Bowen is Professor of Violence Prevention Research at the University of Worcester, England. Erica is a Registered Forensic Psychologist (Health and Care Professions Council) and a Chartered Psychologist and Associate Fellow of the British Psychological Society. Her research for the past two decades has focused on understanding and preventing intimate partner violence in adult and adolescent relationships. Erica has developed innovative interventions including a serious-game based primary intervention to combat adolescent dating violence, and a brief intervention for preventing domestic violence in adult relationships used primarily for non-court mandated clients.

Sarah Brown is a Professor of Forensic Psychology in the Centre for Advances in Behaviour Science at Coventry University. She has been conducting research related to sexual aggression for over 20 years and has been working at Coventry University since 1999. Sarah is the Chair-Elect of NOTA, the National Organisation for the Treatment of Abusers. She is an Associate Editor of *Child Abuse and Neglect* and a member of the Editorial Board of *Sexual Abuse* and the *Journal of Sexual Aggression* having been the Editor of the latter

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Shelley L. Brown is an associate professor of forensic psychology in the Department of Psychology at Carleton University in Canada, which she joined in 2006, after a 10-year research career with Correctional Service of Canada. She completed a PhD in 2002 at Queens University on dynamic risk assessment among adult male offenders. Since then her main research focus is improving gender responsive services for girls and women in the criminal justice system using a mix of quantitative and qualitative approaches. The Criminal Justice Section of the Canadian Psychological Association awarded Shelley (jointly with Kelley Blanchette) a significant contribution award for their work on female criminal conduct.

Sharon Casey, PhD, holds a conjoint appointment at Deakin University, Australia in the School of Psychology. She is widely published in many areas of forensic psychology and has a particular interest in offender rehabilitation. Her research interests include substance use, juvenile offending, and scale development and validation. She has worked extensively with correctional agencies both in Australia and overseas in the development, provision and evaluation of offender rehabilitation programs and the provision of staff training.

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Michael Daffern is Professor of Clinical Forensic Psychology with the Centre for Forensic Behavioural Science, Swinburne University of Technology, and Consultant Principal Psychologist with the Victorian Institute of Forensic Mental Health (Forensicare). He divides his time between teaching, clinical practice and research, the focus of which is the assessment and treatment of violent offenders.

Paul Gendreau, O.C. PhD trained at University of Ottawa and Queen's University (Ontario, Canada). After working at Kingston Penitentiary, Ontario from 1961, he held a series of academic appointments at Canadian universities, and remains an emeritus professor at the University of New Brunswick. He has published extensively on "what works" with offenders, program implementation, effects of prison life, and the use of statistics in knowledge cumulation. In 2007, Dr. Gendreau was appointed an Officer of the Order of Canada "for achievement and merit of a high degree, especially service to Canada or to humanity at large".

Clare-Ann Fortune, PhD, PGDipClinPsyc, is a Senior Lecturer in Clinical Forensic Psychology at the School of Psychology, Victoria University of Wellington, New Zealand. She is a registered Clinical Psychologist and teaches on the Forensic Psychology and Clinical Psychology programs at Victoria University of Wellington. Her research interests focus on

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Claire Goggin holds a PhD in psychology from the University of New Brunswick, Canada, and is now an Assistant Professor at St. Thomas University, New Brunswick. Her research interests include correctional program evaluation, the effects of imprisonment; empirical research methodologies and statistics, particularly meta-analysis; and knowledge cumulation and transfer. Recent projects include an examination of inscription practices in selected scientific disciplines; a meta-analysis of the effects of imprisonment on offender recidivism and emotional well-being; an examination of the relationship between rates of homicide and capital punishment in Canada between 1920-1949; and a prospective study of the socialization process among police officers.

Sheilagh Hodgins, Ph.D., F.R.S.C., is currently professor at the Département de Psychiatrie, Université de Montréal and the Institut Universitaire de Santé Mentale de Montréal, and the Department of Clinical Neuroscience at the Karolinska Institutet. Professor Hodgins has been studying and publishing her research findings on the antisocial behavior of persons with severe mental illness, for many decades. Presently, she is working on prospective, longitudinal studies in Canada and in Sweden, that aim to unravel the complex interplay between genetic and environmental factors that impact the developing brain to promote antisocial and aggressive behavior.

Tom Hogan is a Training and Program Specialist at Central Connecticut State University's Institute for the Study of Crime and Justice. Over the past 30 years he has accumulated a diverse array of Community Corrections experience: as a Probation Officer, a Chief Probation Officer, and as a Best Practices specialist for a large community-based

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Richard C. Howard started his academic career researching neurophysiological substrates of personality disorder while working at an English high-secure forensic hospital, Broadmoor, in the 1970s. Since then, he has worked in a variety of academic settings in several countries; most recently, at the University of Nottingham in the UK. He has authored or co-authored almost 100 scientific papers and book chapters. His particular interest is in the relationship between violent offending and personality disorder, and he co-edited, with M. McMurrin, *Personality, Personality Disorder and Violence* (Wiley, 2009). He is affiliated to the Institute of Mental Health in Nottingham, and resides in Wiesbaden, Germany.

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T. Glen Kilgour trained as a clinical psychologist at Waikato University, graduating in the early 1990s. He has worked in the Department since 1995 in a variety of roles including principal psychologist and, currently, a principal adviser in the Office of the Chief Psychologist. His interests include reducing violence, program evaluation, group therapy, young offenders, leadership, staff development, and science fiction.

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Gabrielle Klepfisz completed a bachelor's degree in psychology at Monash University, in addition to her fourth-year honors, during which she investigated violent offender treatment change. She has continued this research as a doctoral candidate in the Doctor of Psychology (Clinical and Forensic) at Swinburne University of Technology. Ms. Klepfisz has worked as a research assistant both in Australia and in Canada. She has gained clinical experience working with individuals in community and inpatient forensic settings as well as with various mental health concerns, including psychosis, depression and suicidality, anger, social and generalized anxiety, obsessive-compulsive disorder, hoarding disorder, and past sexual/physical abuse.

Bill Lindsay (PhD) is a Fellow of both the British Psychological Society and the International Association for the Scientific Study of Intellectual Disabilities. As an author of over 200 scientific articles and book chapters, his research interest included the fields of cognitive-behavioural therapy for people with intellectual disabilities and forensic psychology. He has served as associate editor for the *Journal of Applied Research in Intellectual Disabilities* and the *Journal of Intellectual and Developmental Disabilities*. Sadly, Bill passed away in 2017 before this book was published.

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Terri Scott is a PhD candidate working under the supervision of Dr. Shelley Brown at Carleton University, where she has completed a bachelor of arts (honors) in criminology with a concentration in psychology and a Masters of Arts in Psychology (Forensic). She has been a researcher with the federal government for the past fifteen years. Her PhD dissertation is focused on determining gender specific predictors of crime, including both strength and risk factors among juvenile offenders through meta-analysis, as well as a validation study of a gender informed risk assessment tool for adjudicated youth, the Youth Assessment Screening Instrument (YASI).

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Jayne L. Taylor is a clinical psychologist working within the Adult Forensic Service of the Specialist Services Network, Greater Manchester Mental Health NHS Foundation Trust (GMMH), in England, UK. She is also Honorary Lecturer at the University of Manchester in the UK. Since her arrival at GMMH in 2002, Dr. Taylor has specialized in the treatment of women with complex difficulties who are at risk to themselves or others, across settings and security levels. She is currently the Lead Psychologist for the Women's Service in the Adult Forensic Service, and teaches at universities across the region.

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Kate Walker is a Research Fellow in the Centre for Advances in Behavioural Science (CABS) at Coventry University. Her main research focus is desistance from intimate partner violence and the behavioral changes associated with this process, and the development and evaluation of primary and tertiary interventions for the prevention of violence and

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Kayla A. Wanamaker is a PhD candidate at Carleton University in Ottawa, Canada, working under the supervision of Dr. Shelley Brown in the Gender and Crime Lab. Her dissertation work is focused on determining whether there are gender specific crime trajectories, incorporating both strength and risk factors that remain stable over time, and includes a validation study of a gender responsive risk assessment tool. Kayla is also a Research Analyst at Public Safety Canada, examining the importance of effective training in community supervision and how it may aid in the reduction of recidivism rates among male and female offenders.

N. J. (Nick) Wilson has been working as a clinical psychologist for the New Zealand Department of Corrections for the last 18 years, and is currently Principal Adviser, Psychological Research with responsibility for the provision of specialist training, expert witness testimony, and research in the area of risk assessment and offender management and treatment (i.e. development of the Dynamic Risk Assessment Offender Re-entry (DRAOR) and Structured Dynamic Assessment Case-Management-21 (SDAC-21) tools). Dr. Wilson has a long-standing interest in criminal psychopathy and personality disorder, its assessment and treatment, and has conducted research and provided clinical services and training in this area since 2000.

Geraldine Akerman is a chartered and HCPC registered forensic psychologist, EuroPsych, and Associate Fellow of the British Psychological Society. She sits on the British Psychological Society's Division of Forensic Psychology Executive Committee and the National Organisation for the Treatment of Abusers Research Committee. She is a Trustee

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David P. Bernstein is an endowed chair of Forensic Psychotherapy (Section Forensic Psychology) in the Faculty of Psychology and Neuroscience at Maastricht University. He has served as President of the Association for Research on Personality Disorders, Vice President of the International Society for the Study of Personality Disorders and Vice President of the International Society for Schema Therapy.

Erica Bowen is Professor of Violence Prevention Research at the University of Worcester, England. Erica is a Registered Forensic Psychologist (Health and Care Professions Council) and a Chartered Psychologist and Associate Fellow of the British Psychological Society. Her research for the past two decades has focused on understanding and preventing intimate partner violence in adult and adolescent relationships. Erica has developed innovative interventions including a serious-game based primary intervention to combat adolescent dating violence, and a brief intervention for preventing domestic violence in adult relationships used primarily for non-court mandated clients.

Sharon Casey, PhD, holds a conjoint appointment at Deakin University, Australia in the School of Psychology. She is widely published in many areas of forensic psychology and has a particular interest in offender rehabilitation. Her research interests include substance use, juvenile offending, and scale development and validation. She has worked extensively with correctional agencies both in Australia and overseas in the development, provision and evaluation of offender rehabilitation programs and the provision of staff training.

Nick Chadwick, MA, is a PhD candidate in Forensic Psychology at Carleton University, Ottawa, Canada. He has conducted research projects on the use and implementation of

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Maartje Clercx studied psychology at Maastricht University. She then obtained her Master's Degree in Forensic Psychology from Maastricht University as well. She is mainly interested in juvenile and adult psychopathy, and has worked for Dr Lieke Nentjes and conducted research on the Comprehensive Assessment of Psychopathic Personality in collaboration with Professor David Cooke. Currently she is working as a junior researcher at Maastricht University, where she mainly concentrates on the randomized clinical trial of Professor David Bernstein. Maartje is currently working towards finding a suitable PhD position, preferably on the topic of psychopathy.

Michael Daffern is Professor of Clinical Forensic Psychology with the Centre for Forensic Behavioural Science, Swinburne University of Technology, and Consultant Principal Psychologist with the Victorian Institute of Forensic Mental Health (Forensicare). He divides his time between teaching, clinical practice and research, the focus of which is the assessment and treatment of violent offenders.

Jason Davies is Professor of Forensic and Clinical Psychology in the Department of Psychology, Swansea University & ABMU Health Board, South Wales and Consultant Forensic and Clinical Psychologist. He has worked in high, medium, low secure and community based forensic mental health services in the UK. His clinical and research interests include psychological treatment, outcome measurement, personality, staff supervision and service development. He has published on mental health, forensic psychology and rehabilitation, including three books (two edited, one authored): *Research in Practice for Forensic Professionals* (2011), *Supervision for Forensic Professionals* (2016) and *Individual Psychological Therapies in Forensic Settings: Research and Practice* (2017).

Simon Davies completed his LLB and BSc (psychology and criminology) at Victoria University of Wellington in 2012, where he is currently a PhD student, while completing his Postgraduate Diploma in Clinical Psychology. His PhD research examines the predictive validity of risk assessments conducted by probation officers with high-risk men on parole. Previously his research has examined the skills and techniques used by probation officers during supervision to help reduce recidivism, and the effectiveness of parole supervision. His broader research interests include risk assessment, community supervision, reintegration, and application of the scientific method to all aspects of the criminal justice system.

Sara Del Principe has an M.A. in Criminology, Law and Society from George Mason University, during which she worked as a Graduate Research Assistant for the Center for Advancing Correctional Excellence (ACE!) on various research projects aimed at utilizing evidence-based practices to enhance the field of corrections and maximize the positive reentry of individuals on probation. Since completing her M.A., Ms. Del Principe has worked as a Crime Analyst with two local police departments.

Kevin S. Douglas is Professor of Clinical-Forensic Psychology, at Simon Fraser University, and current President of the American Psychology-Law Society. His research and professional activities include violence risk assessment and management; dynamic risk factors; mental disorder and violence; and psychopathy. He is lead author on the latest revision of the Historical-Clinical-Risk Management-20 (HCR-20) violence risk assessment measure, published in 2013. Dr. Douglas has authored over 160 journal articles, books, or book chapters, and has received approximately \$5,000,000 of research funding, from the US National Science Foundation, and the Social Sciences and Humanities Research Council of Canada, among others.

Tom Hogan is a Training and Program Specialist at Central Connecticut State University's Institute for the Study of Crime and Justice. Over the past 30 years he has

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Lawrence Jones is a forensic and clinical psychologist whose career has included working in the community, at HMP Wormwood Scrubs and Rampton High Secure Hospital where he is now the Head of Psychology. He is a former chair of the Division of Forensic Psychology and teaches on the Sheffield and Leicester Clinical Psychology doctorate courses and the Nottingham Forensic Psychology Doctorate. He has published in a range of areas including therapeutic communities, working with people with personality disorder diagnoses who have offended sexually, iatrogenic responses to intervention, motivation, offense paralleling behavior (OPB) and trauma-informed care.

Marije Keulen-de Vos, PhD, is a senior researcher at Forensic Psychiatric Center de Rooyse Wissel in The Netherlands. She also manages the development and implementation of evidence based care pathways for offenders. She received her doctorate degree in clinical psychology from the University of Maastricht, the Netherlands. She is an expert on Schema Therapy. Recently, she has adapted Schema Therapy for offenders with an intellectual disability. Her research focuses on forensic treatment, emotional states, intellectual disability, and sex offenders. Since 2017, she's the president of the Dutch chapter of the Association for the Treatment of Sexual Abusers.

Marissa Kiss is a PhD candidate in the Department of Sociology and Anthropology, and has a M.A. in Sociology from George Mason University (2012), where she is currently a researcher at the Institute for Immigration Research. She previously worked as a Research

Analyst at National Opinion Research Center at the University of Chicago, and as a Research Associate at the Center for Advancing Correctional Excellence (ACE!) at George Mason University, where she managed two large scale research projects, including Your Own Reintegration System, a guided goal-setting and manualized treatment program used by supervising officers to facilitate reentry. UP TO HERE

Daryl G. Kroner, Ph.D., is a Professor at the Department of Criminology and Criminal Justice at Southern Illinois University (SIU). He has more than 20 years of experience in the field as a correctional psychologist. During this time, he worked at maximum, medium, and minimum facilities delivering intervention services to incarcerated men. Dr. Kroner has consulted on prison management and release issues, including with the Council of State Governments Justice Center and the UK's National Offender Management System. He is also a fellow of the Canadian Psychological Association. In collaboration with Dr. Jeremy Mills, he has developed several instruments, including the Measures of Criminal Attitudes and Associates (MCAA), Depression, Hopelessness and Suicide Scale (DHS), Criminal Attribution Inventory (CRAI), Transition Inventory (TI), and the Measures of Criminal and Antisocial Desistance (MCAD). In collaboration with Drs. Morgan and Mills, a book entitled "Changing Lives and Changing Outcomes: A Treatment Program for Justice Involved Persons with Mental Illness has been published by Rutledge. In 2008, Dr. Kroner joined the Department of Criminology and Criminal Justice at SIU. Current research interests include risk assessment, measurement of intervention outcomes, interventions among offenders with mentally illness, and criminal desistance.

Caleb D. Lloyd, PhD (Carleton University, Ottawa, Canada) is a Senior Lecturer with the Centre for Forensic Behavioural Science at Swinburne University of Technology, Melbourne, Australia. He directs a program of research on offender change in corrections and

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Lydie R. Loth is currently a senior data analyst for the Public Safety Performance Project juvenile justice team at the Pew Charitable Trusts. In this role, she provides technical assistance to state agencies involved in addressing issues of juvenile offender recidivism, public safety, and the controlling of criminal justice system costs through data-driven and research-based policies. Ms. Loth received her Master's degree in Criminal Justice from the University of Cincinnati (UC) in 2011 and is currently a doctoral candidate at UC with a focus in Corrections. Her research interests include correctional program evaluations, employment opportunities for inmates and ex-offenders, and juvenile justice.

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Liam E. Marshall, PhD, RP, ATSAF Rockwood Psychotherapy & Consulting and Waypoint Centre for Mental Health Care. Liam received his degrees (BAH, MA, PhD) in

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Mary McMurran PhD is Emeritus Professor at the University of Nottingham and Visiting Professor at Cardiff Metropolitan University. Her research interests include: the treatment of people with personality disorders; the treatment of alcohol-related aggression and violence; forensic case formulation; and enhancing engagement in treatment. She has written over 200 academic articles, books, and book chapters on these topics. She is a HCPC Registered forensic and clinical psychologist, a Fellow of the British Psychological Society, and recipient of the Division of Forensic Psychology's Lifetime Achievement Award in 2005. She has worked as a clinical and forensic psychologist in HM Prison Service and the UK's National Health Service. She is currently a member of the Parole Board for England & Wales.

Damon Mitchell, Ph.D. is a Professor of Criminology and Criminal Justice at Central Connecticut State University. As a criminal justice consultant, he has developed and delivered training workshops related to forensic assessment and treatment, and conducted evaluations of criminal justice programs. He was co-editor and a contributor to *Forensic CBT: A Handbook for Clinical Practice* and also a contributor to *Cognitive Therapy of*

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Mark E. Olver Ph.D. is a Full Professor and Registered Doctoral Psychologist at the University of Saskatchewan, in Saskatoon, Saskatchewan, Canada, where he is involved in program administration, graduate and undergraduate teaching, research, and clinical training. Mark's research interests include offender risk assessment and treatment, young offenders, psychopathy, and the evaluation of therapeutic change. He is the co-developer of the Violence Risk Scale-Sexual Offense version (VRS-SO) and he provides training and consultation services internationally in the assessment and treatment of sexual, violent, and psychopathic offenders.

Ralph C. Serin is a Professor of Psychology at Carleton University, Ottawa, Canada and Director of the Criminal Justice Decision Making Laboratory. His current research reflects parole decision making, dynamic risk assessment, offender change and crime desistance.

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Raymond Chip Tafrate, PhD, is a Professor in the Criminology and Criminal Justice Department at Central Connecticut State University. He co-chairs the Forensic Issues and Externalizing Behaviors special interest group for the Association for Behavioral and Cognitive Therapies and frequently consults with criminal justice agencies regarding

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Glenn D. Walters, Ph.D., is an Associate Professor in the Department of Criminal Justice at Kutztown University in Kutztown, Pennsylvania where he teaches classes in corrections, criminological theory, research methods, and substance abuse and crime. Prior to this he worked as a clinical psychologist and drug treatment coordinator for the Federal Bureau of Prisons. Dr. Walters has published over 300 book chapters and peer-reviewed journal articles and 19 books and monographs. His current research interests include offender therapy and assessment, the drug-crime relationship, causal mediation analysis, and the development of an overarching psychological theory of criminal behavior.

Stephen C. P. Wong, Ph.D. is Adjunct Professor, Department of Psychology, University of Saskatchewan, Canada and the Swinburne University of Technology, Melbourne, Australia and Fellow of the Canadian Psychological Association. His research focuses on the

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