



ACTIVITIES FOR TEACHING EMOTIONAL,  
SOCIAL AND ORGANISATIONAL SKILLS

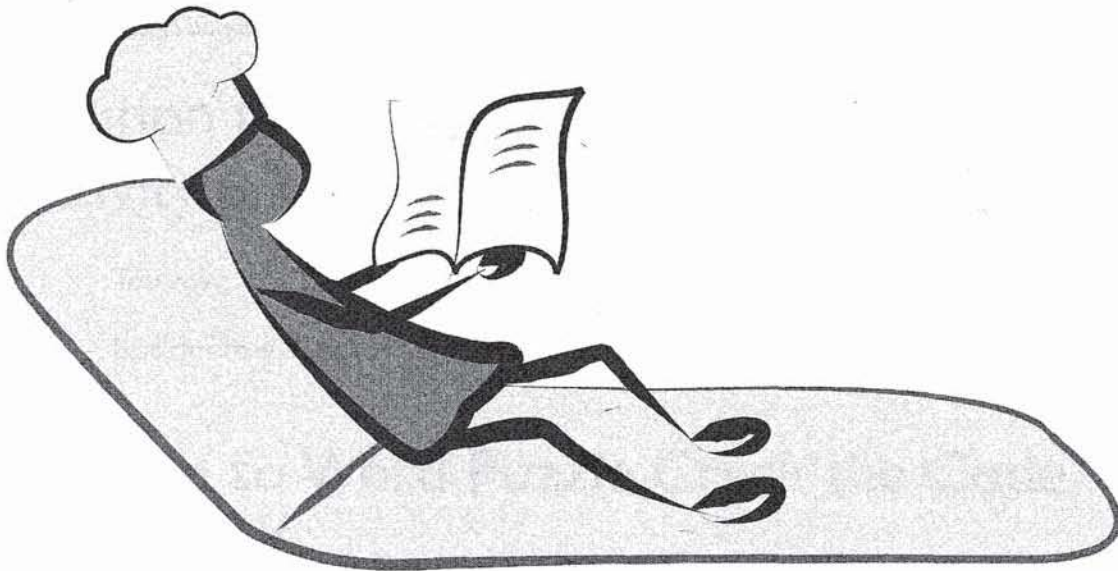
# SET FOR SUCCESS

FOREWORD BY DAMIAN SANTOMAURO

JOSIE SANTOMAURO AND MARGARET ANNE CARTER

ILLUSTRATED BY CAROL MARRAS

# References



- Anderson, J.R. (1982) 'Acquisition of cognitive skills.' *Psychological Review* 89, 369–406.
- Australian Scholarships Group (ASG) (2007) *Student Social and Emotional Health Report*. Oakleigh, Victoria. Available at [www.asg.com.au/Page.aspx?ID=436](http://www.asg.com.au/Page.aspx?ID=436), accessed on 14 December 2010.
- Bandura, A. (1997) *Self-efficacy: The Exercise of Control*. New York: Freeman.
- Bellini, S. (2006) *Building Social Relationships: A Systematic Approach to Teaching Social Interaction Skills to Children and Adolescents with Autism Spectrum Disorders and Other Social Difficulties*. Shawnee Mission, KS: Autism Asperger Publishing Company.
- Bernard, M. (2004) *The You Can Do It! Education Early Childhood Program*. Melbourne: The Australian Scholarship Group.
- Caprara, G.V., Barbaranelli, C., Pastorelli, C., Bandura, A. and Zimbardo, P.G. (2000) 'Prosocial foundations of children's academic achievement.' *Psychological Science* 11, 302–6.
- Carter, M.A. (2009) *Take a Stand, Lend a Hand ... Stop Bullying Now*. Queensland, Australia: M.A. Carter Consultancy.

- Covington, M. (1992) *Making the Grade: A Self-worth Perspective on Motivation and School Reform*. New York: Cambridge University Press.
- Damon, W. (1999) 'The moral development of children.' *Scientific American* 281, 2, 72–88.
- Daniels, H. (ed.) (1996) *An Introduction to Vygotsky*. London: Routledge.
- Gardner, H. (1983) *Frames of Mind: The Theory of Multiple Intelligences*. New York: Basic Books.
- Gardner, H. (1993) *Multiple Intelligences: The Theory in Practice*. New York: Basic Books.
- Martin, A. (2003) *How to Motivate Your Child*. Sydney: Bantam Books.
- Martin, A. (2005) *How to Help Your Child Fly through Life*. Sydney: Bantam Books.
- Nicholls, J.G. (1989) *The Competitive Ethos and Democratic Education*. Cambridge, MA: Harvard University Press.
- Skiffington, S. and Zeus, P. (2003) *Behavioral Coaching: Building Sustainable Personal and Organizational Strengths*. Sydney: McGraw-Hill.
- Vygotsky, L.S. (1978). *Mind and Society: The Development of Higher Psychological Processes*. Cambridge, MA: Harvard University Press.

# Solutions

## Solution to Empty Emotions Anagrams, Activity 6.3

Top row: MAD, SCARED, BRAVE, CALM

Bottom row: SAD, HAPPY, WORRIED, PROUD

## Solution to Word Puzzle Crack the Code, Activity 7.6

```
E D U T I T T A + + + E C S +
M Y S E L F + + + + C + O S +
+ + + + + + + + + N + + N E +
+ + + + + + + + E + + + F C +
+ + + + + + + D + + + + I C +
D R E S P O N S I B L E D U +
+ E + + + E + E C + L + E S +
+ + T + P + C H F B + + N + +
+ + + E + + A I A F + + C + +
+ + D + R L + P T + O + E + +
+ N + + L M A + + C + R + + +
I + + E + C I + + + A + T + +
+ + N + + + + N + + + R + + +
+ G + + + + + + E + + + P + +
E + + + + + + + + D + + + + +
```

(Across, Down, Direction)

ATTITUDE (8,1,W)

CAPABLE (6,12,NE)

CHALLENGE (9,7,SW)

CONFIDENCE (13,1,S)

DETERMINED (1,6,SE)

EFFORT (8,7,SE)

INDEPENDENCE (1,12,NE)

MYSELF (1,2,E)

PRACTICE (13,14,NW)

RESPONSIBLE (2,6,E)

SUCCESS (14,7,N)

## Solution to Jargon Jumble, Activity 8.6

### **JOINING IN**

*WAIT FOR THE RIGHT TIME*

*SAY, 'CAN I JOIN IN' OR 'CAN I PLAY TOO'*

*TAKE A BIG BREATH BEFORE ASKING TO JOIN IN*

*STOP, LOOK AROUND AND THINK IF THIS IS THE RIGHT TIME TO JOIN IN*

### **LISTENING**

*REPLY, GET MORE INFORMATION OR DO AS ASKED*

*THINK ABOUT WHAT IS BEING SAID*

*STAY STILL, QUIET AND CALM*

*STOP, THINK AND LOOK IN THE DIRECTION OF THE SPEAKER*

### **WAITING YOUR TURN**

*TAKE SOME DEEP BREATHS AND WAIT QUIETLY*

*WAIT FOR THE RIGHT TIME AND HAVE YOUR TURN*

*STOP AND THINK 'IT'S HARD TO WAIT, BUT I CAN DO IT'*

### **COOPERATING**

*SHARE YOUR IDEAS*

*LISTEN TO OTHERS' IDEAS*

*GET MORE INFORMATION IF NECESSARY*

*STOP, THINK AND LISTEN TO THE DIRECTIONS*