



ACTIVITIES FOR TEACHING EMOTIONAL,  
SOCIAL AND ORGANISATIONAL SKILLS

# SET FOR SUCCESS

FOREWORD BY DAMIAN SANTOMAURO

JOSIE SANTOMAURO AND MARGARET ANNE CARTER

ILLUSTRATED BY CAROL MARRAS

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# Foreword

In primary school I required many visual aids to assist me in my understanding of challenges, and to this day I thrive on timetables and lists. I was faced with many difficulties, such as how to get ready for school, planning for a project, catching the bus and so on. To help me with these challenges, my mother, Josie Santomauro, created many strategies for herself, me and my teachers to use, which really helped through those years. She took advantage of my need for routine in her strategies and that is what made them work for me. It helped me become who I am today – from being told at a young age that I would be unsuccessful in life, to studying at university, holding down a job and having a steady partner.

Because the strategies were very successful with me, my mother turned them into a resource for others. Now, ten years later, that resource is being published internationally. It feels good to know that the challenges I went through inspired a resource that will now help others all around the world.

*Damian Santomauro, diagnosed with Asperger Syndrome at age five. Now 21, he is at college, undertaking a PhD in Clinical Psychology researching Autism Spectrum Disorders.*