

Session Type: Invited Workshop

Supervising trainee psychologist: Developing good practices for early career psychologists

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Early Career Psychologists (ECPs) are often called to act in a supervisory role whilst simultaneously developing their own knowledge and experiences of clinical practices. However, little training is available to offer guidance and direct the process of supervision for ECPs. The workshop will be facilitated by two ECPs who will reflect on their experiences of taking on a supervisory role in the UK, Australia and Singapore. A skills based workshop will: (a) Identifying the needs of ECPs (b) support for ECPs including newly qualified psychologist training, (c) key components of a successful supervisory relationship, (d) developing strategies for assessing trainee competency, (e) dealing with incompetency, and (f) adapting supervisory roles to match the trainee needs. The objectives are: (1) Enhance skills as a clinical supervisor in order to provide effective supervision for trainees, (2) to gain an awareness of theoretical models of clinical supervision to meet the developmental needs of trainees, (3) to gain practical experience of competency based supervision. Participants will be able to: (i) Share successes and pitfalls of ECP supervision, (ii) learn more about the theory and practice of clinical supervision, (iii) learn more about the practicalities of supervising trainee clinical psychologists, (iv) develop an awareness of the standards necessary to achieve good self care as an ECP, (v) develop an awareness of the standards necessary to achieve good practice in the supervision of clinical trainees. ECPs involved in the clinical supervision of trainee clinical psychologists.